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Carmel Valley Sun

November 1983

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EIR Ordered For ComSat Dishes

On October 12 at the County Courthouse in Salinas, the Concerned Citizens of Upper Carmel Valley poured out of a chartered bus to continue their protest before the Planning Commission against Communications Satellite Corporation's plan to locate additional dish antennae in the hills of Cachagua. The major focus of the hearing was to determine the nature and scope of a forthcoming Environmental Impact Report required for the project.

One of the proposed new dishes was in ComSat's original permit which was approved by the County in 1967. The concerned citizens' felt that dish should also be included in the EIR.

Brian Finegan, legal counsel for ComSat, said he believed that because the original permit already sanctioned a second dish as well, that dish could legally be built regardless of what the Commission might decide concerning the scope of a future EIR. He added that ComSat had no objection to an EIR addressing the major concerns raised by the residents which were microwave radiation, lights, noise and traffic effected by the proposed installation.

Supporting the idea of a far-reaching EIR was attorney Myron "Doc" Etienne, representing Jack Swanson who owns property adjacent to ComSat. "The fear of microwave harm can only be laid to rest by a careful study," Etienne observed.

County Counsel Jose Ramos stated, "It would be dangerous to reject the project without all the findings," and recommended that the forthcoming EIR address all the dishes — the existing one and any foreseeable expansion.

The Commission voted unanimously to require a complete EIR encompassing all aspects of both the proposed addition as well as the impact of the existing facility.

Cachagua resident Eileen Franks told the Commission, "The primary considerations are reversed . . . You're addressing this backwards." She noted that in 1970 RCA's permit application to build a Jamesburg facility similar to ComSat's was rejected without an EIR, and thus she questioned the need for *any* EIR in the face of such public opposition to ComSat's present application. Frederick Kennifer, attorney for the Cachagua citizens' group, added that RCA had been rejected because its land use was incompatible with the surroundings and that ComSat itself had been opposed to RCA's application.

Phone Company To Install Better System

According to Pacific Telephone Company, a new facet of life is expected for Carmel Valley phone customers—phones that work, regularly and efficiently!

The Valley is entering into modern communications through the installation of a $1.5 million electronic switching network. Planned for more than two years by Pacific Telephone, the equipment is due to begin functioning by mid-November, replacing mechanical machines which worked on the order of the hunt-and-peck typist and malfunctioned as frequently.

According to Jim Bowers, area manager and spokesman for Pacific Telephone, the change in the Valley's system is not in itself cost-effective for the company, as there are only a few thousand customers here, but is part of a plan to bring electronic switching to 99% of California. The change, he notes, will facilitate making calls and provide more sophisticated testing methods for isolating problems.

On an additional note, Bowers urged customers to read every word in the inserts accompanying their phone bills, stressing that the information therein puts, "enormous choices before the people now" and will save much time and money.

Local businessman Paul Laub is skeptical about the value of the change for Valley customers. Laub has led a campaign for local telephone users to write to the Public Utilities Commission demanding rebates for poor service. Speaking about the new system, he told the *Sun*, "I'll believe it when I see it. Traditionally, utilities try to lull people like this. It would surprise me greatly if it really works." Laub also said that whether the new equipment is successful or not, people should still write to the P.U.C. to demand 50% refunds retroactive to January 1, since the service continues to be substandard and the rates are among the highest in the country.

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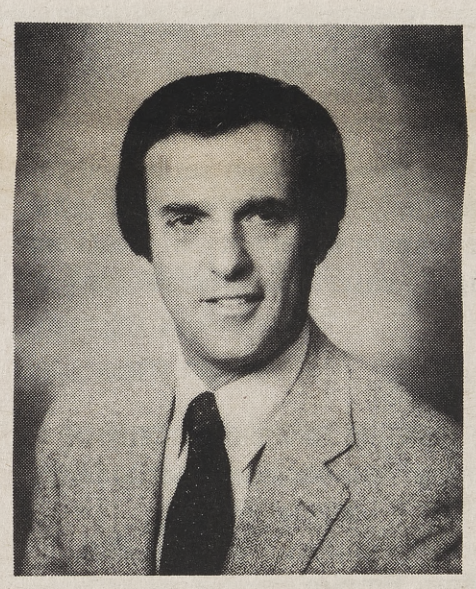

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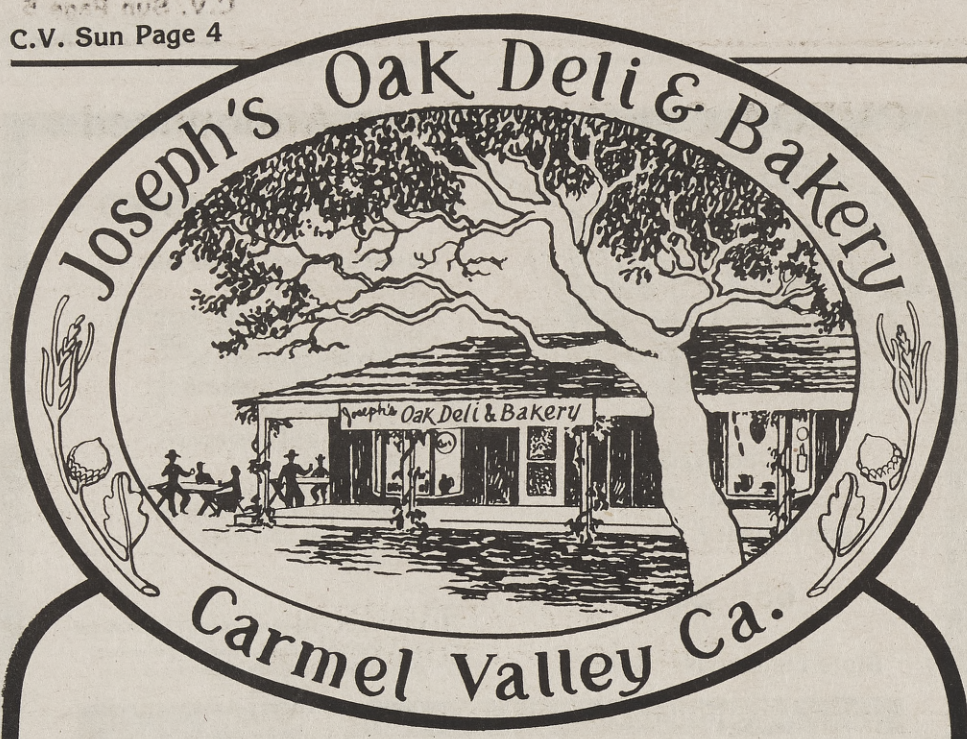

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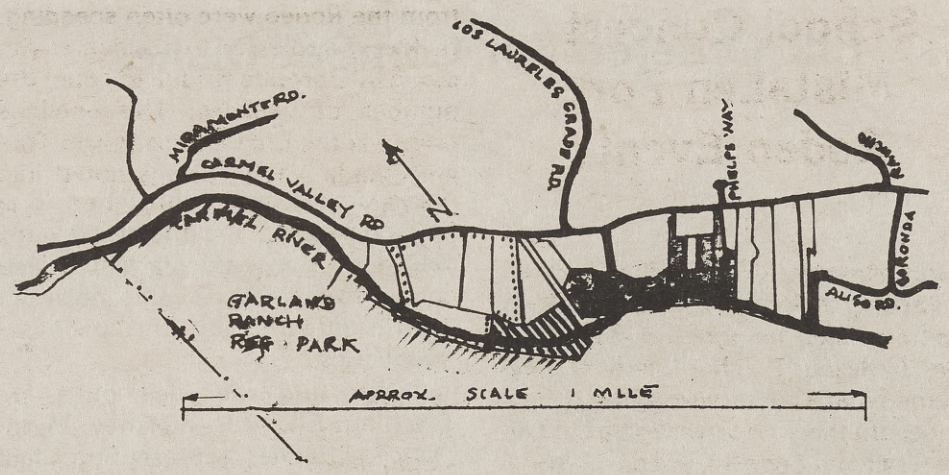

The rendering shows with diagonal lines the property that residents are petitioning against for a permanent riding/hiking easement. The darker shaded portion shows the land whose owners have already granted an easement without being petitioned.

Residents Work Towards Permanent Hiking And Riding Easements

In a renewed effort to establish a network of hiking and riding trails through Carmel Valley ninety-six residents last week signed a petition to obtain a permanent easement along the north side of the Careml River leading directly across the river into Garland Park.

The action was prompted by the threat of losing an established trail that runs through a piece of the Garland Ranch Estate which is pending sale. The purchasers of the 10-acre parcel that the trail runs through indicated to their realtor, Mike Marquard, an unwillingness to allow the access to continue.

Recently, Marquard filed an application with the Monterey County Planning Commission to restore the riverbank and build the first of three dwellings proposed for the property. The application was addressed on October 26 at which time the petition was also presented to the Commission.

In essence the petition asked the County to reposition an existing easement on the property that runs through the deepest part of the river and jumps to an inacessable cliff. Acknowledging that the present trail is useless, the Commission directed Marquard and his clients to provide an accessible easement in accordance with a 1974 ordinance. The ordinance required public hiking and riding trails to be established before the two remaining parcels of Garland Ranch could be subdivided.

Marquard maintains that there are already two entrances to the park and his clients' right to privacy should abrogate the original ordinance. The entrances he addressed are the main entrance on Carmel Valley Road and the Garzas Road access which requires crossing the Boronda bridge. Both are hazardous for riders.

Gary Tate, General Manager of the Regional Park District, spoke to the Commission on the importance of creating a viable trails network in the vicinity of Garland Park. As people come before the Commission with property improvement applications, Tate said, approval of those applications should be conditional upon the creation of a permanent equestrian easement on their property.

Though the easements were not included in the petition, six other property owners in the park vicinity have already offered to make their land available for easements.

Lively Named Woman Of The Year

A celebration honoring elected women countywide was held October 29 by the Monterey Peninsula Womens Political Caucus. A special honor as Political Woman of the Year was awarded to Ira Lively for her achievements as President of the Monterey Peninsula Unified School District Board.

Lively is completing her first four-year term and is up for re-election on November 8. She says her key areas of success during her term were in reducing the high rate of suspensions and expulsions throughout the district. As a candidate she has been endorsed by the Caucus.

From 1966-1979 Lively worked for the Seaside Police Department in various capacities. She retired as a juvenile officer when she was elected to the Board. She is still very active with young children.

A devoted community activist, Lively is currently involved in the Voter Registration Drive. She is also a civil rights supporter and is very supportive of other women in politics.

Lively's background includes Civil Service and teaching police sciences at the college level. She holds a Master of Arts in Public Administration. Throughout her career she has been the receipient of many awards for her accomplishments.

School Concert Mistaken For Rodeo Event

Residents along Garzas Road recently directed their dismay over increased traffic in their neighborhood against the Jamesburg School. When they learned that a country/western concert to benefit the school was to be held at the Trail and Saddle Club on October 15. Mistaking the concert for a Carmel Valley Rodeo Association event, the residents petitioned successfully to have the concert moved.

Actually, the Jamesburg School benefit was unrelated to the C.V.R.A., and the concert locale was changed to the Community Park which meant no admission could be charged. Still, through a raffle and concessions, the school raised $1,276, far less than they had originally hoped.

Garzas resident Maynard Briggs told the *Sun* they had assumed the connection to the C.V.R.A. because the school received funds from the Rodeo Association last year. Expressing regret for the error, he elaborated on the neighborhood's concerns about the rodeo which, he said, they had petitioned to bar from the Trail and Saddle Club early last June.

The impact of traffic congestion is severe, Briggs said, and drivers to and from the Rodeo were often speeding, reckless, and rude to residents who stood by Boronda Bridge to count the number of vehicles. The one-lane bridge is the only access to the Trail and Saddle Club. (Briggs noted that the citizens' distress does not extend to the frequent local horse shows at the club, because they have little traffic impact on the area.)

•

The Jamesburg School was started in 1976 to provide an alternative for children in that area who otherwise would have to travel two-and-a-half hours to attend the public schools in Carmel Valley.

The school is in a precarious position for continuation and is accredited by the State. Its present enrollment is fifteen students, aged four to eleven. Teacher Mara Freeman explained that because of current financial hardships, teachers at the school are now working without pay. Further, County requirements for upgrading and expanding the facilities also may not be met until the school acquires additional funding. A portion of that funding was expected to come as a donation from the C.V. Rodeo Association, but because the rodeo did not meet its anticipated revenues this year, it was unable to help the school.

The school staff requests that anyone wishing to offer donations to the school write to: The Jamesburg School, 93 A Star Route, Carmel Valley, 93924 or call 659-3363.

Seven Candidates Vie For School Board Seats

On November 8, three of the seven candidates for the Carmel Unified School District Board will be elected to a four year term. Vying for the Board seats are Susan Bromfield, Pat Condren, Robert Fenton, William McCormick, Loretta Romis, William Sanford and James Yates who are all in accordance in their platforms for standardized curriculum, a balanced budget, and the need for long range planning.

Candidate Susan Bromfield of Carmel Valley is a parent of two and has served on the PTA Boards at Bay and River Schools, and is also on the Board of the Lyceum. She stresses the importance of community input in establishing a curriculum for quality education which assures basic skills. She suggests the Board set annual educational targets and feels the Board should try to work more as a team.

Pat Condren, a teacher at Alisal High School in Salinas, feels she could provide experienced input to decision making. She would like to see teachers get the opportunity to update and improve their skills through workshops, etc. She also feels the teachers should set the curriculum since they are the ones that work with the children.

Robert Fenton is a businessman whose three children were raised in the Carmel Unified District. His impetus is on a core curriculum program and long range planning.

William McCormick also has a background in business. He believes in a core program with emphasis on the basics and de-emphasis on manual arts and training programs. He says teachers expectations are too low and feels students should be challenged at all levels.

Loretta Romis is also an experienced teacher but has not taught in recent years. She believes education is something you have to get moving especially in strengthening the curriculum. She feels there is a need to reevaluate our educational objectives. Her main objective would be to get everyone to cooperate as well as developing more community support.

William Sanford currently teaches first and second grades at River School. His priorities are for quality education and a balanced budget.

James Yates is a local businessman. He wants to see a continuity in the curriculum and more parental and community support. His main emphasis is on long range planning-financially first and curriculum second. He also feels there should be rewards for teachers excellence as well as a low student-teacher ratio.

CVPOA Candidate Slate Announced

The Carmel Valley Property Owners Association Board of Directors was presented with a slate of officers and 7 director-at-large candidates for 1984 which will be noted on by the general membership.

According to Cindy Hall, C.V.P.O.A. coordinator, ballots will be in the mail by the first part of December.

CVPOA MEMBERS! This is your notification

Those presented by the Nominating Committee for officer's positions were Robert Greenwood, president; Glenn Chang, vice president; Barbara Olsen, recording secretary; Pat Sorri, corresponding secretary and Nancy Hirch, treasurer. Olsen and Sorri are incumbents.

Nominated for the directors-at-large positions were Pam Austen, Gene Erner, Jerry Foote, Richard Nimmons, Betsey Shea, Charles Tillinghast and Todd Wahle. Foote, Nimons and Wahle are the incumbents vying for the four available positions.

Nominations by petition for any office or directorship will be accepted for 30 days after members are notified of the committees report. **This is being done through this issue of the Carmel Valley Sun.** Petitions must be signed by 15 members in good standing.

Serving on the nominating committee were Todd Wahle as chairman, Glenn Chang, Richard Dalsemer, Natalie Eberly, Cindy Hall and Pat Sorri.

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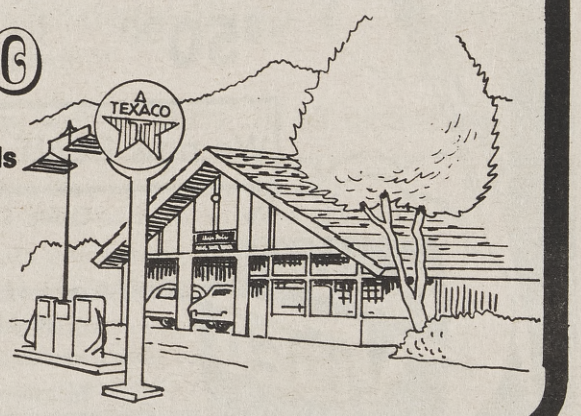

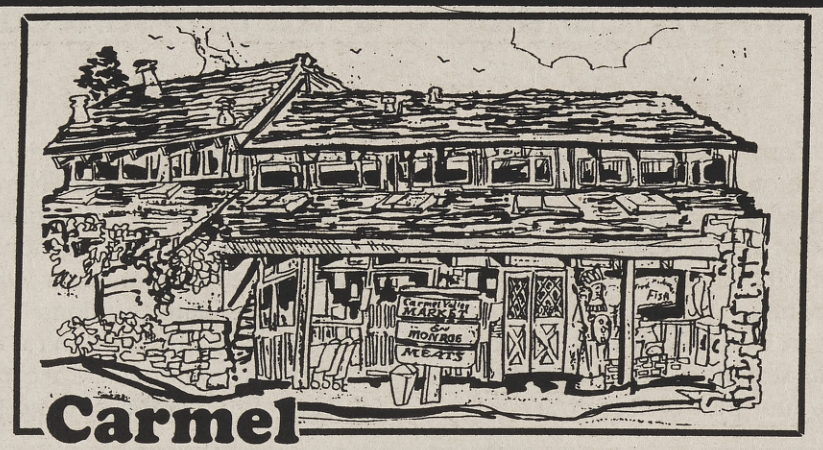

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The children of Sylvia Schwarz, Ellie Mayer and David Schwarz came from back east to attend the dedication of the fitness center which was a tribute to their mother.

New Fitness Center Dedication Held

A ceremony was held on October 13 to dedicate the Sylvia W. Schwarz Memorial Fitness Center located at Tularcitos school.

The fitness center is a tribute to Mrs. Schwarz who worked for many years as a school volunteer. Her special interest was children with learning disabilities.

To continue her dedication Mrs. Schwarz' family made a substantial contribution to the school to develop a program for children with special needs. The plan was expanded to benefit all the students and the community as well.

Along with the Schwarz donation Wells Fargo Bank and the Crosby Youth Fund provided additional funds to develop the fitness center which includes an exercise area and a 20 station parcourse.

Attending the dedication were Mrs. Schwarz' children, Ellie Mayer of Maine and David Schwarz of New York. Of the dedication and fitness center Mrs. Mayer said "We feel mother would have been pleased."

•

In a seperate dedication on the same day, Mrs. Mayer and Mr. Schwarz rededicated the Schwarz Memorial Park by the Carmel Valley Bank of America. The park, which was a tribute from the community to their father Robert Schwarz who passed away in 1963, recently underwent extensive relandscaping and repairs.

Responsibility for the park has been assumed by the Carmel Valley Village Improvement Committee who invited the Schwarz family to rededicate the memorial. A trust fund has been set up by the Schwarz family to aid the committee's endeavors.

At a greatly reduced cost, CVVIC member Raymond Didyck took the responsibility for redesigning the landscape to reduce maintenance. Others that also worked to repair the small park were Paul Nielson, Mark Lazarus, John Sigourney, and Doyt Early.

Commenting on the two dedications David Schwarz said "It's very satisfying to do something for both our parents," and added that the availability of the fitness center/parcourse and park to the community was "the kind of living thing they would have liked."

The Schwarz family's continued interest in Carmel Valley is because "this is where they (their parents) spent the happiest days of their lives," said Mrs. Mayer, and they wanted to do something for the community that their parents so dearly loved.

At the Schwarz Memorial Fitness Center dedication, the kindergarten students put on a wonderful presentation honoring exercise.

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During the Schwarz Memorial Fitness Center dedication the students in Phil Smith's fifth grade class demonstrated how the equipment would be used.

A physical fitness program is being developed is being developed for utilizing the fitness center. Geared to all the students, the program must challenge as well as exercise the children.

This rope climb is another piece of equipment that is in the exercise area that was dedicated on October 13.

Students were to climb up the ropes on the right and down the ropes on the left.

Several members of the Carmel Valley Village Improvement Committee as well as Schwarz family members turned out for the rededication of the Robert Schwarz Memorial Park by the Bank of America in the Village. At the dedication were (left to right) Doyt Early, Raymond Didyck, David Schwarz and Ellie Mayer (Mrs. Schwarz' son and daughter), Peter Coakley, Roger Williams, Randy Randazzo, and Lou Gardner.

Malcontent

As a rule a man's a fool;
When it's hot he wants it cool;
When it's cool he wants it hot.
Always wanting what is not.

Old Rhyme, New Version

Hey, diddle, diddle,
I'm watching my middle,
I'm hoping to slim it quite soon;
But eating's such fun
It may not get done
Till my dish runs away with my spoon!

Cool It

Mother cat reprimanded her kitten for playing away from home so long. "Something dreadful will happen to you," she meowed.

"Cool it, Ma," purred Kitty, "and let me do my own thing with at least one of my lives."

Life is no brief candle to me. It is a sort of splendid torch which I have got hold of for the moment, and I want to make it burn as brightly as possible before handing it on to future generations — *George Bernard Shaw*

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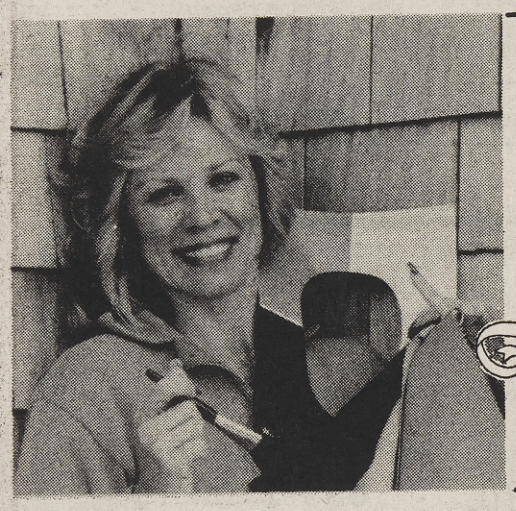

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Friends Rally For Accident Victim

Billy Fosso is finding out what living in Carmel Valley is all about. After suffering an accident that severly damaged both legs, Billy is finding a great deal of support from friends and the community.

In the accident Billy was pinned by a car he was working on. The result was 8½ hours of preliminary surgery trying to repair severed veing, etc. At least two more surgeries are anticipated but the doctors are waiting to see if the initial surgery is effective.

The accident was unfortunate, to say the least, and is compounded by the fact that Billy has no hospital insurance. He was born with the genetic disorder Osteogenesis which makes insurance coverage unobtainable for Billy. Osteogenesis is an extremely brittle bone condition which leaves victims susceptible to easy breakage.

Since the extensive surgery Billy has undergone and still needs is not covered by insurance, local merchants and friends have banded together to help Billy and his family out. With community support they hope to defray some of the hospital costs. Harold Olsen of Valley Plastering, Randy Randazzo of Carmel Valley Market and Phil and Frances Wright of the Chatterbox have opened a Billy Fosso Hospital Trust Fund at the Carmel Valley Bank of America. Donations are gladly welcomed. Donors may prefer to use the collection jar which is located at the Chatterbox restaurant. Also, "be on the watch for other fundraisers that are being planned," said Frances Wright, a long time friend of the Fosso family.

Already the response of the community is heartening. Especially the support of many small businessmen who are helping in various ways. The support is greatly appreciated by Billy, his wife Bonnie and their son Tyler.

Billy and his family are long time valley residents. He is the owner of Carmel Valley Upholstery in the Village Center and Bonnie is and Interior Decorator. Tyler attends Tularcitos Elementary School.

New Clinic Hours For Planned Parenthood

Planned Parenthood of Monterey County will expand clinic hours at the Monterey Clinic to include Thursday evening from 4-6 P.M., beginning November 3.

Services at Planned Parenthood include pregnancy testing birth control methods, Pap tests, counseling, abortion, venereal disease testing and pre-marital blood testing.

Planned Parenthood of Monterey County has clinics in Monterey, Seaside, Soledad, Salinas and Castroville. Appointments are necessary.

For more information call 373-1709.

Crosby Booster Badges Now On Sale

Booster badges for the 43rd annual Bing Crosby National Pro-Am are now on sale by mail or at Monterey Peninsula golf shops.

The clambake, set for the week of January 30 - February 5, will be played over Pebble Beach, Cypress Point and Spyglass Hill courses with a field of 168 amateurs paired with 168 professionals.

Already entered in the 72-hole championship are celebrity amateurs Glen Campbell, Harry and Nathaniel Crosby, Clint Eastwood, James Garner, Ken Howard, Jack Lemmon, Roger Penske and Don Strock.

The $40 badge is only available until December 14 (then the $50 season badge will be on sale) and entitles the holder to the full week of golf: practice rounds Monday, Tuesday and Wednesday, and tournament play Thursday, February 2nd through Sunday the 5th.

To order badges, or for a ticket brochure, please write: Crosby Office, 479 Pacific Street, Monterey CA 93940. (408) 649-1533.

New officers have been elected to the Chamber of Commerce Serving Greater Carmel/Carmel Valley.

Assuming their duties on October 1, were President Chuck McKay, First Vice President Steve Austin, Second Vice President Debbie Bradburn, Secretary Jeanelle Kaminske, and Treasurer Jo Lomanto.

Other Chamber officials are: Grace Darcy-Executive Director, Kathy McCrary-Corresponding Secretary, and Richard Krueger-Past President.

For more information on the Chamber call the office at 659-4000.

Joleen Lambert Takes High Horse Honors

Sixteen-year-old Joleen Lambert completed a successful uear with her quarter horse Freckles Lil Boy. Her accomplishments ended with honors at the Region 10 awards banquet.

Beginning in July Joleen won the California State Horsemen's Association Horsemastership Champion Western Girl Award. Also in July she was crowned Region 10 Queen. To win the crown, she competed with four other girls aged 14-17. They were judged on horsemanship, poise, personality, appearance, speaking and a written test. Joleen received the highest riding sore and highest stage judging, and was voted Miss Congeniality by the other girls.

Then in August Joleen went to Santa Rosa to represent Region 10 at the state level and was the youngest against eight competitors to compete for Miss CSHA which is judged on the same region categories. Only region queens are eligible.

At that level joleen won first princess title and was again voted Miss Congeniality. Finally, October 22, at the Region 10 high School Point award banquet, Joleen won Champion Western Rider 14-17.

And she also won Reserve Champion Western Color horse, and Most Achieved Rider. In the CSHA High Point program she received two reserve championships and two fourth places.

Joleen has been a busy girl with the many horse shows she has competed in this season. She was born deaf but has not let her handicap interfere with her goals. She maintains high grades and her hope for next year is to run for Carmel Valley Rodeo Queen.

Joleen is the daughter of Randy Lambert and Brenda Lambert, both of Carmel Valley. She is a freshman at Carmel High School.

New Officers To Head Rippling River

On October 13 the Residents Association of Rippling River voted in new officers for the coming year.

Leading the group will be President Don Maddox, Vice President Sally Reichard, Corresponding Secretary Evelyn Johnson, Recording Secretary Carolyn Metcalf and Treasurer George Dunkly.

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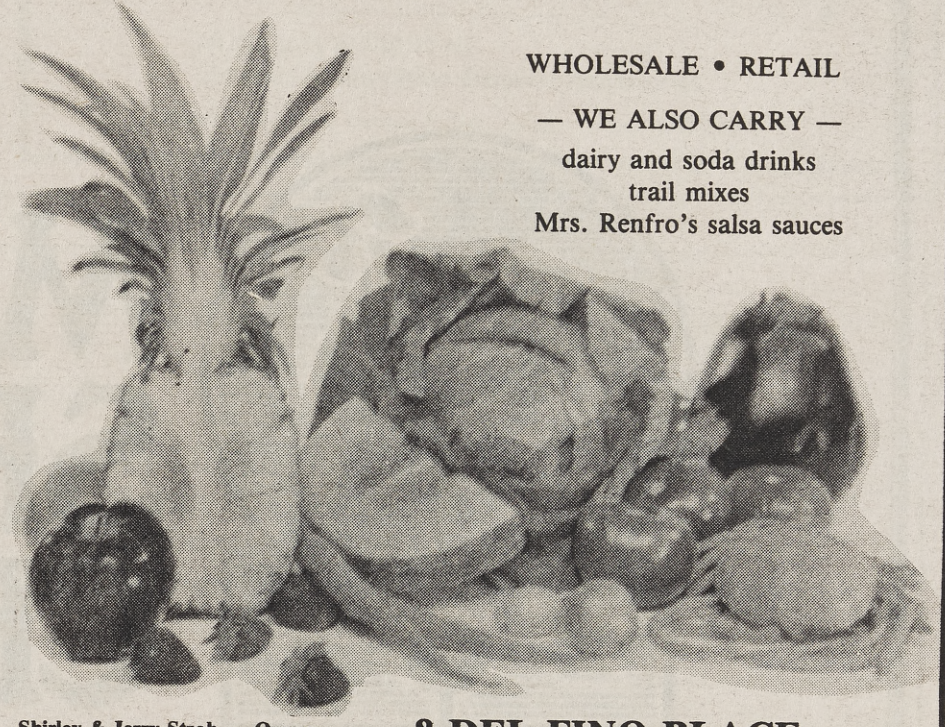

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Lyceum EstablishesTaugher Scholarship

The Lyceum of the Monterey Peninsula announces the establishment of a scholarship in the name of Dorothy Taugher who recently died in an automobile accident.

Mrs. Taugher served as the first treasurer and as second president of the organization and was responsible for establishing its summer music workshops, initially held at Asilomar under the aegis of The West Coast Director's Of Symphony Orchestras sponsored by the Ford Foundation. Subsequently the Lyceum joined with the Carmel Bach Festival a co-operative venture which has just completed its nineteenth year.

The Dorothy Taugher Memorial Scholarship will be used to allow young musicians to participate in these workshops. Contributions can be made in her name to the Lyceum, 1073 Sixth St., Monterey, Ca. 93940.

Jump Rope For Heart Sign-ups Available

The American Heart Association (AHA) invites all tri-county schools and any other interested groups to sign up for the 1984 Jump Rope for Heart event. Schools which register prior to December 18th will receive 12 jump-ropes and a new booklet, "Jump for the Health of It", posters and a 16mm film will go to each school which enters the event.

Jump Rope for Heart ranks as the largest, national event for the AHA. Last year more than one million students participated. Students form six-member teams who jump rope for three hours. Pledges collected by the jumpers support AHA research, education and community service.

According to Margaret Butterfield, R.N.,Chairman of the Board fo the Central Mission Trails Chapter, the AHA is encouraging schools to incorporate rope-jumping into their regular physical education programs. "It's an outstanding aerobic exercise which can put students' hearts and bodies in tiptop condition", she said.

Last year 1,700 students in 25 tri-county schools participated in the event, netting $34,549 fot the Central Mission Trails Chapter.

The event us held during the first week of March.

Teachers: Take Note

The American Heart Association has published four booklets which will enhance teacher information in heart topics. The booklets provide facts which would be suitable to use in grades three through twelve.

"About Your Heart and Blood Pressure", This booklet investigates the causes of high blood pressure and what can be done to control it. It also explains how blood pressure is measured.

"About Your Heart and Exercise", This booklet stresses the need for an exercise program, shows how exercise relates to weight control, and explains how exercise affects your pulse rate. "About Your Heart and Smoking", This booklet explores why people smoke, how teenagers can say no to smoking, and the hidden message of cigarette advertisements.

About Your Heart and Diet", This phamphlet encourages children to develop the eating habits whidh contribute to healthy hearts. It describes atherosclerosis and the role cholesterol plays in that disease.

Please call the Central Mission Trails Chapter at 372-0485, 688-7272 or 757-6222 if you would like a free copy of the booklets. Speakers on these topics and other topics are also available to come to your classrooms. Call the CMT office to make arrangements.

Difficult Case

A frightened householder reported to the police that he'd been struck down in the dark outside his back door by an unknown assailant. A young policeman was sent to investigate and soon returned to headquarters with a lump on his forehead and a glum look on his face.

"I solved the case," he muttered.

"Amazingly fast work," his superior complimented him. "How did you accomlish it?"

The young cop explained, "I stepped on the rake, too."

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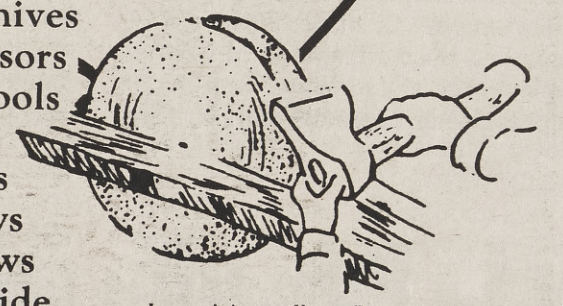

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Search Continues For New Music Director For The Monterey County Symphony

In the last six weeks, nearly 150 creative men and women from all over the world have applied for the position of Music Director of the Monterey County Symphony, an opening which will exist when the present Director, Maestro Haymo Taeuber, retires at the end of the 1984-85 season.

The Search Committee, chaired by Mrs. Richard Abbott of Carmel Valley, is comprised of members of the Symphony Association Board of Directors and orchestra members, appointed by the Association President, Ken Schley. Representing the Board are Louise Cuyler of Carmel, Howard Bucquet of Carmel Valley, the Reverend Harold Englund of Carmel Valley, and Mrs. Ward Ingrim of Pebble Beach. From the orchestra are Mrs. Dorothy Elster, first violinist and orchestra librarian; Raymond Fabrizio, Principal Flute; and Donald Eshoff, Principal Trumpet. Elizabeth Pasquinelli, General Manager of the Symphony, also serves on the committee, as does Kenneth Schley, President of the Board, ex officio. Maestro Taeuber will review all the applications.

Mrs. Abbott explained that the Search Committee has been working all summer to establish procedures for their long and difficult task of choosing a slate of candidates to present to the Board and to the Orchestra. An announcement appeared in the monthly American Symphony League publication on July 29, stating that the opening would be available at the end of the 1984-85 seasonand inviting inquiries. A deadline of September 15, 1983, was set for applications. The committee had developed a profile of the individual who would best qualify for the position. This subtle process is an ongoing activity, according to Mrs. Abbott. Interviewing and observing potential candidates' peers and colleagues, and takling with Board members of orchestras who have worked with the candidates are some of the demanding tasks associated with the search, as the committee carefully works to find the best person to lead the Monterey County Symphony Orchestra.

The selection process will take well over one-and-a-half years to complete. When the finalists have at last been chosen, the community will have a chance to see and hear these individuals in the 1984-85 season. Each finalist will be invited to spend two-and-a-half weeks in the communities served by the Symphony, rehearsing and performing with the orchestra and with guest artists, attending symphony functions, giving concert previews, and interacting in general with Symphony Association and Guild members, as well as with others in the community involved in Symphony activities.

The final choice will be made by the Board of Directors, with the assistance of the Search Committee and the musicians of the orchestra.

TURNER GRAPHICS / Design & Layout
P.O. Box 1429 / Carmel Valley 93924 / (408) 659-4267 or 659-2950
Carmel Valley Sun Office

Rip Rap Results In Trouble

For Little League President Jim Shakal

What he thought would be a solution to a problem turned out to be an even bigger problem for Carmel Valley Little League president Jim Shakal.

It seems Shakal's eagerness to use the concrete remains of the old Chatterbox as rip rap for the riverbanks near the ballfields wasn't such a good idea after all. He now faces charges on two misdemeanor counts: streambed alteration without a permit, and dumping potentially dangerous materials in the river.

For the League, rip rap was hard to come by because they couldn't afford to haul it. So, when the old Chatterbox owners offered the remains for free and also offered to haul it, Shakal couldn't resist. Though acting on behalf of the Little League, Shakal is solely responsible for his predicament and doesn't deny dumping the remains into the river. "I wasn't trying to sneak the stuff in...I just had that Sunday off," he said. He does, however, deny having any knowledge of needing a permit to repair the banks which were threatened by erosion last year.

Fish and Game Warden Mike Carion disagrees with Shakal's assessment, saying that when he confronted Shakal on the day after the dumping, Shakal indicated he knew he had acted illegally.

As to the charges, Shakal told the *Sun* he was considering entering a plea of innocence by virtue of insanity caused by too many years of Little League involvement.

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Little League Withdraws From Park Disctrict Survey

It was reported last month that the Carmel Valley Little League and the Youth Center would jointly be sending out a questionnaire regarding a Parks and Recreation District for the two organizations.

Since that report the Little League have asked not to be included in the proposal to residents. They did say, however, that their action was not an opposition to the proposal, just a decision not to participate in the queationnaire.

In light of the change, the Community Center Board still voted to continue with the questionnaire even though they did not have the active support of the Little League.

Is That Clear

Waiter: "We got some good zoup today. Want some?"

Customer: "Zoop? What is that?"

Waiter: "You know what hash is? Well, zoop is looser."

Keeping Up

A friend has decided against moving from his present house into a new one in the better part of town. The reason, he says, is that most people try to keep up with the Joneses, and where he lives now, he's Jones.

The exhuberant Tziganka Russian Folk Ensemble will perform at the Sunset Center on November 2.

Russian Folk Dancers Are Coming To The Sunset Center

Colorful costumes, tremendous musical ability, whirling dervishes and impossible kicks will be part of the Tziganka Russian Folk Ensemble performance scheduled for November 2 at 8 P.M. Tickets range from $7.75 to $8.75.

Tziganka is an authentic Russian Gypsy Folk Music group — that has delighted audiences throughout Britain, Europe and the United States.

The performances feature director Bibs Ekkel, the Argonoff Cossack Dancers, gypsy songstress Fainia Zenova, and the Neva Dance Ensemble.

Director Bibs Ekkel is considered by many to be the greatest balalorika virtuoso outside of Russia. He has been leading Tziganka since its formation in 1975.

Records will be available during intermission.

for more information call 624-3996.

Chamber Music Society Season Continues

The Chamber Music Society of the Monterey Peninsula continues its 1983-84 season with a presentation on November 1 at the Sunset Center in Carmel.

Reviewers rate the Kalichstein-Laredo-Robinson Piano Trio, which will perform that evening, as "near perfection as one is ever likely to encounter."

The concert begins at 8 P.M. All tickets are unreserved. General membership tickets are available or single ticket rates are $7.

For more information call 372-5981.

Famous Flutist Will Be Guest Soloist In Piccolo Concerto At Sunset Center

The second concert set of the Monterey County Symphony will be November 13, 14, and 15. It will feature Carter Nice, Music Director of the Sacramento Symphony as guest conductor.

Nice will perform Berlioz's *Roman Carnival Overture* and the *Second Symphony* of Jean Sibelius. Louis Di Tullio, famous concert flutist, will be the soloist in Vivaldi's *Piccolo Concerto* and *Concerto Pastorale* by Joaquin Rodrigo, a contemporary Spanish composer.

For ticket information call 624-8511 or 758-3594.

Following this performance The Series will be suspended following this concert until after Christmas.

Carmel Music Society Will Present Mezzo-Soprano Tatiana Troyanos

One of the world's most gifted singers will be presented on November 30 by the Carmel Music Society.

The Concert begins at 8 P.M. Ticket prices vary.

Mezzo-Soprano Tatiana Troyanos made her debut in 1976 at the New York Metropolitan where she has demonstrated her extraordinary versatility through fourteen roles.

For more ticket information call 372-1226.

Chamber Of Commerce Plans Installation Dinner/Dance

The 29th Annual Installation Dinner-Dance of the Chamber of Commerce serving Greater Carmel/Carmel Valley will be held on Saturday, November 12, 1983 at the Holiday Inn, Carmel. No host cocktails will be served at 6:30 P.M. and dinner will be at 8:00P.M.

Past President Richard Krueger, owner of Mid-Valley Hardware, will be the Master of Ceremonies. The 30th Annual Good Egg Award will be presentedto an outstanding member of the communities served by the Chamber.

Reservations are required, and Chamber President Robert "Chuck" McKay reports a "surprise guest speaker" may be in the offing.

Music will be provided by John Keller and the Dodowah Street Irregulars. Further information may be obtained from the Chamber office, 659-4000.

Carmel Library To Present Guitar Concert

Guitarist Robert McNamara will be the solo performer at the first Carmel Valley Library concert to be held November 17, at 7:30 P.M. at the Carmel Valley Library. Admission is free.

McNamara is no stranger to the concert stage. He has performed for many years in the Bay Area where he studied under prestigious guitarist John Massey.

A former member of the legendary bluegrass band, "Smells Like Home," Bob's particular interest in Renaissance and Irish music developed "almost as comic relief from the country and rock band *scene," which kept his audiences romping and stomping through the* late '70s.

In addition to composing, arranging and recording both on guitar and banjo, McNamara teaches at the Sunset Center, Santa Catalina School and through the Lyceum program. He is also on the faculty of the Monterey Peninsula Community School of Music.

At the upcoming concert, Bob's selections will span 400 years of guitar music from John Dowland to John Lennon, which will show the virtuosity of the instrument and the versatility of the musician.

Your environment and your heart

These days, it seems that everything in our environment is bad for us in one way or the other. Or at least that's the impression some experts leave.

Well, the experts are at it again. But this time the news is cheerful.

For two years, a special medical committee of the American Heart Association searched the worldwide scientific literature and reviewed research findings to answer one question: Are there any unrecognized hazards in our environment that can cause cardiovascular diseases? Guess what they found!

It appears that with the exception of special cases of some workers in the viscose rayon and explosive industries, the answer is "no." Most of us don't have to worry about our environment causing a heart attack or a stroke.

But obviously that does not mean that all is well. Almost a million people die each year of heart disease and stroke, more than from all other causes combined. So where is the problem?

As individuals we live in personal "environments" of our own making. We create our own pollution. Our personal environment is the important one, for the choices we make and the chances we take can help determine whether we fall victims to heart attack and stroke.

So why create a life-threatening environment for yourself by over-eating, smoking, leading a sedentary life and ignoring your doctor's advice?

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Musical Satire Alice In Blunderland Will Be Performed Nov. 12

The provacative musical *Alice In Blunderland* will be presented at 2 P.M. on November 12 at the Hidden Valley Theater.

The play is based on the classic *Alice In Wonderland* but this time Alice, played by Pat Ledger, finds herself in a forest ruined by "fairy dust." All the favorite characters are there with slight personality changes.

The rabbit played by James Kinney, is the only one in Blunderland who understands the truth about the dangers of "fairy dust" and tries to enlist Alice's aid to present the information at the Oysters convention. But, Alice is further confused by the two superpowers Tweedledum and Tweedledummer (played by Rick Borhman and Dennis Fridkis, who are both bent on being the one with the most "fairy dust."

The Cheshire cat, played by Norman Field, is a journalist who directs Alice on her search for the truth.

It sounds confusing, but the message in the play comes across loud and clear as a nuclear disarmament satire. The thrust of the musical is to inspire audiences to learn more about and to involve themselves in the nuclear issues.

The play was written by Tim and Tom DeFrange and was brought to the West Coast by producer Katherine Smith. Director Conrad Selvig leads the cast of 30.

Tickets are $2 for general admission, $6 for families, $10 for those who wish to sponsor the production.

For more information call 625-0455.

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Sunset Center Continues Comedy Film Festival

A continuation of the British Comedy Film Festival will be held November 8 at 1 P.M. at the Sunset Center.

The 1966 film *The Wrong Box* stars John Mills, Ralph Richardson, Michael Caine, Peter Sellers, and Peter Cook. Tickets are $2.

For more information call 624-3996.

The well dressed person really does have the advantage

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Brown Bag Cinema Offers Entertaining Experience

The life of contemporary artist Marc Chagall will be featured at the Brown Bag Cinema on November 17 at 1 P.M. at the Sunset Center, Carpenter Hall. No reservations or tickets are required.

Viewers are invited to bring a brown bag lunch and share both a learning and entertaining experience.

Along with the Academy Award winning film on Chagall will be *The Antique Store,* starring George Burns and Gracie Allen. A great farce ensues as George attempts to buy a statue from Gracie's antique store.

For more information call 624-3996.

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Sherwood To Present Neil Simon Stage Play

On November 8-9 the California Performance Group will present the stage play **Prisoner of Second Avenue** at the Sherwood Hall Community Center in Salinas.

Jerry Stiller stars in this Broadway smash by Neil Simon which looks at life in a luxury New York high rise.

Performances begin at 8 P.M.

Call the Sherwood Hall Box Office at 758-7477 for ticket information.

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Voyage of Columbus To Be Featured At Sunset Center

Another film feature of the Sunset Center is the Explorama which offers an 8 P.M. showing on November 17 and 18, and a 2 P.M. matinee on November 18.

This month's film feature is *Voyage of Columbus,* produced and narrated by Robin Williams. The film follows Columbus from his birthplace in Genoa, Italy to his five-year quest in Spain seeking support for his voyage and so on to the new world. Williams weaves an exciting and informative story.

Tickets are $6.25.

Explorama features famous globe-trotting, career explorer-photographers who appear exclusively on the Explorama Series.

Symphony Guild To Hold Domino Tourney

An invitational Domino Weekend is being held Nov. 11th and 12th by the Monterey Symphony Guild

It is the twentieth annual Golden Domino Tournament and the 3rd consecutive year that it will be sponsored by the investment firm of Merrill Lynch.

On Friday Nov. 11th, players will be invited to a pre-domino social. The social, from 6-8 p.m., includes a cocktail party and buffet dinner provided by Merrill Lynch.

On the day of the tournament there will be a continental breakfast and gourmet lunch.

Prizes include: a $500 first prize given by Merrill Lynch, a pair of domino charms donated by Carmel jeweler Henri Corbat, and weekends and dinners at famous hotels and restaurants.

The entry fee is $50 a player or $100 a team. For further information write or phone to Mrs. John Andrews, Box 1239, Pebble Beach, 93953.
(408) 625-1768

The proceeds from the tournament will benefit the Monterey Symphony.

Dinner/Dance Will Benefit American Cancer Society

The American Cancer Society will hold a Dinner Dance and Auction on November 12 from 6 P.M. to 1 A.M. at the Fort Ord Officers Club

Both a live and silent auction will be featured. Items donated include travel packages, a weekend in Tahoe, paintings, books, dinners, luncheons, golf packages and many others.

Music will be provided by the 7th Division Infantry Band.

Tickets are $40 per person.

For reservations call 372-4521

Select Wines To Be Presented At California Wine Festival

An array of palate pleasures will be offered at the California Wine Festival scheduled November 27th at the Monterey Conference Center. Tickets are $2.50 per person.

Activities include tasting hundreds of select wines from some of California's finest wineries and wine makers. Gourmet meals can also be sampled.

Presentations will be made by speakers well-known in the world of wine and food.

For more information call the Monterey Conference Center at 646-3770.

Ladies Golf Day Scheduled For November

Pebble Beach will be the site of the Annual Lengfeld Ladies Play Day to be held in November.

The one day tournament is only open to Monterey Peninsula residents. Entry blanks can be found in Monterey Peninsula Herald three weeks prior to the tournament.

The tournament is in honor of Helen Lengfeld who plays a major role in women's golf tournaments.

•

Another tournament that will be held at Pebble Beach is the California Women's State Amateur Golf Championship.

Qualifying begins November 29th with the first round of the championship beginning November 30.

Women amateur golfers with andicaps of 10 or less are eligible. Entries are available at the local golf clubs and must be turned in before November 7.

for more information call (415) 343-3663 or write Helen Lengfeld at 30 Second Avenue, San Mateo, California 94401.

Do you have any Questions for any of our Columnists? Send them in and they'll be passed along.

(From *Poplollies and Bellibones* by S. K. Sperling)

Hum is strong liquor made by combinng ale or beer with spirits. Too much hum can make one's head *quop*. Quop means to throb. A man's heart may quop with longing to hold his loved one's one's *feat*. Feat? To be continued. . .

Take It Easy

Stick to your washing, ironing, scrubbing and cooking," a husband exhorted his wife. "No wife of mine is going to work."

Company coming for the holidays?

Think of the Valley Lodge as your guest house

Garden patio rooms and one and two bedroom fireplace cottages with kitchens.

- Heated Pool
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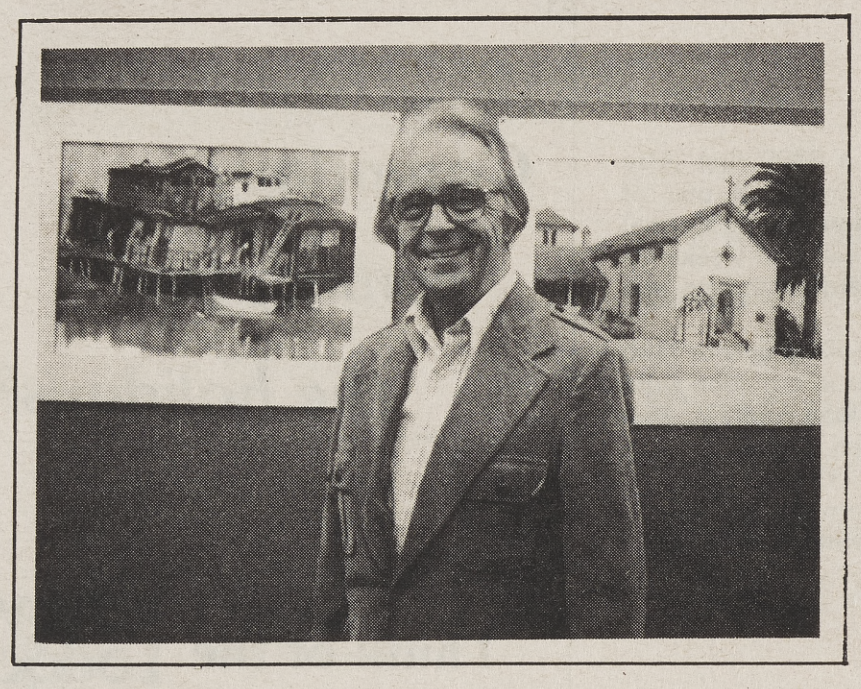


Ronald Bean will be one of four Valley residents who will have their crafts on display at the Home Crafters Market Place on November 19 at the Sunset Center.

Home Crafters Market Place To Be Held

The 13th annual Home Crafters Market Place will be held at Carmel's Sunset Center on Saturday, November 19, 1983, and will include the work of four Carmel Valley artists and crafts people: Ronald E. Bean, watercolors; Catherine Coduto, quilts and quilt covers; Bonnie Schmidt Simms, woodwork; and Shirley Geer, pottery.

Over 55 booths which offer a goo selection of handmade gifts for the holidays will be displayed at the Market Place.

The public is invited from 10:00 to 4:00 on Saturday, November 19 (rain date, Sunday, November 20).

Another local artist, Bonnie Schmidt Simms, will have items from her company Wood Works on display at the Thirteenth Annual Home Crafters Market Place.

Early X-mas Shoppers Invited To Bazaar

Early Christmas shoppers will enjoy the offerings at the St. Dunstan's Annual Holiday Bazaar to be held November 5 from 10 A.M. to 2 P.M.

A gourmet brunch will be served from 11 A.M. to 1 P.M. for $5.

Bazaar items include hand-crafted gifts, Christmas decorations, homemade breads, cakes, jams, jellies. . .

For more information call 375-7967.

Unique Gifts Offered At Fort Ord Bazaar

Get an early start on your Christmas shopping at the Fort Ord Health Services Auxiliary's annual Christmas Bazaar. The bazaar will be held at Stillwell Recreation Center November 5 from 10 A.M. to 3 P.M.

There will be a wide variety of items offered for sale including crafts, Christmas decorations, paintings, toys, plants and holiday foods. Admission is 50¢, children under 12 are free.

Parents with children under 5 years of age can leisurely browse while Girl Scouts babysit their tots. There is no charge.

"Be sure not to pass up this opportunity to find unique gifts and baked goods for your holidays," said Muriel Andersen, publicity chairman.

For more information call 899-0752.

CLASSES BEING OFFERED

Lyceum Features New Classes For November

Education continues through unique classes being offered in November by the Lyceum of the Monterey Peninsula.

The November schedule of classes includes:

- Tidepools I — Nov. 6. Grades K-1 will receive a hands-on experience with animal life at the ocean's edge during low tide.
- Bite the Apple II — Nov. 5, 12, 19. Grades 4-6 continue with Capt. Ted Farmer and the N.P.S. Hobby Computer Class. (Bite the Apple I was presented in October.)
- weather Forecasting — Nov. 9, 16, 23 and 30. Gives 3-6 graders a view at clouds and storms with satellite and astronaut pictures.
- Spanish Language and Hispanic Culture — Nov. 12, 19, 26. Grades 6-9 learn basic Spanish by exploring the Hispanic culture through foods, games, music, survival, etc.
- Historic Highlights of Monterey's Past — Nov. 5. Grades 5-12 as well as parents are welcome on the walking tour of Monterey's historical sites.
- Pond Water — A Miniature Zoo — Nov. 9, 16, 23. Grades 8-12 start with a fresh sample of pond water and examine the variety of microscopic creatures and plants.
- Behind the Scenes at City Hall — Nov. 7. Grades 6-10 will tour city hall and meet the the people who make the city run smoothly.
- Veterinary Medicine I — Nov. 30, Dec. 7, 14, 21. Offers grades 7-9 a study of small animal medical procedures.
- Hexagonal Chess — Nov. 28-30, Dec. 1, 2 and 9. Learning the newest strategy game is offered to grades 6-12. It's fast, combative and exciting.
- Number Sense — Nov. 7, 9, 14, 16, 21. Grades 7-12 learn to do arithmatic in their heads rather than by computer.
- Anatomy of a Dolphin — Nov. 5 Disection of a dolphin or other local marine mammal at the Monterey Bay Aquarium to examine unique adaptations made by these animals to their marine world.

Each seminar is $8 plus materials.

For more information call 372-6098.

French And German Will Be Taught At Sunset

Two new language classes will be introduced at the Sunset Center during the month of November. German for Travel will be taught on Tuesdays from 1 to 3 P.M. French for Travel will be taught on Thursdays from 1 to 3 P.M.

If you are planning a trip in the near future, learn enough to enjoy the country and the people more fully. Lessons will cover situations such as asking directions, greetings, reserving hotels, ordering meals and shopping. You will learn to converse, read and write.

Instructor Marijana Mirkovic is of German-French origin and speaks nine languages. She has studied and has taught in Europe and the United States for many years including 20 years at the Monterey Peninsula College in the language department.

While classes will be continuous, costs will be predicated on 6 lessons for $18. Pre-registration is necessary for both classes. Call Sunset Center 624-3996 to register.

American Heart Sponsors Cardiac Workshop

Nurses and other health professionals are invited to attend "Cardiac Rehabilitation 1983" at the Holiday Inn, 2600 Sand Dunes Drive, Monterey on November 12, 1983 from 8 A.M. until 4:15 P.M.

The workshop is sponsored by the American Heart Association, Central Mission Trails Chapter, and the Maurine Church Coburn School of Nursing at Monterey Peninsula College. It is designed for health professionals who work with heart patients and who work with populations who are at high risk relating to heart disease.

Cost of the workshop is $25. For a pamphlet with more information on the workshop, please call the American Heart Association at: 372-0485, 757-6221 or 688-7272.

Sunset Center To Offer Stretch And Flex Calss

A Stretch & Flex class for men and women is being held at the Sunset Center Gym in Carmel.

Instructor Nicole Duffel offers a body tone and conditioning program designed to reshape and define muscle groups for strength. Also to stretch and extend muscle groups for flexibility. Proper body alignment and smooth controlled movement are emphasized.

Classes meet Monday, Wednesday and Friday at 6 P.M. The fee is $3 per class. Drop-ins are welcome.

Call 625-0399 for more information.

November Features Special Meetings For Alliance On Aging

Several speical events are planned for the Alliance on Aging meetings during the month of November. Meetings begin at 11:20 A.M. with lunch served at Noon.

A program of popular music by members of the Musicians Union will be held November 4 at the Stillwell Recreation Center at Fort Ord. The cost of this special luncheon is still $1.50, reservations are required.

The November 11 program will be held at Asilomar in Pacific Grove. The luncheon fee is $5 and will feature "The History and Natural Treasures of Asilomar" which will be given by the Park Rangers.

A special Thanksgiving Feast will be featured November 18 at the Pacific Grove Community Center. Lunch is $2. The topic will be "My 30 years as a wife of a diplomat in the Foreign Service" by Phyllis Freeman. Also on the program will be a special visit by Bay School preschool children.

There will be no meeting on November 25.

For more information on programs or Alliance on Aging services phone 649-1222.

Club member Byra Wells puts in her bid on the "goodies" that will be available at the Women's Club Auction scheduled for November 2.

Women's Club To Hold Silent Auction

The popular Women's Club Silent Auction will be the featured event at the November 2 luncheon at the Rancho Canada Golf Club.

Bidding on items begins at Noon and lunch will be served at 1 P.M. The fee is $7. Firm reservations are required.

Featured auction items include "Home baked goodies, jam, jellies, and relishes" and many other items.

Chairpersons Mary Jernegan and Mary Martin promise the event will be lots of fun as well as a benefit to the community. Proceeds will be used to support various local organizations.

During October, the Women's Club welcomed three new members: Mrs. Josephine Detterrara, Mrs. Mrs. Loretta Emerson, and Ruth Shotola.

Carmel Rancho

Lions Club News

by

Frank Catalano

Lions Club Has Active Month

The local club wishes to thank the residents of the Carmel/Carmel Valley area for the generous support of the recently concluded White Cane Day Project. Chairman Garry Anloff hopes to exceed last years figures. Outstanding husband-wife team efforts were led by Ralph and Beth Morrow who were at the Carmel Valley Post Office, and Charles and Jean Mackres, who worked the Rio Rd. Safeway Store area. Proceeds from the White Cane Day will benefit the Blind Center in Pacific Grove. The club has already donated $350 to the Deaf Referal Service to help furnish telephone equipment to the deaf and hard of hearing.

District Governor Bob Froom was guest speaker at the Oct. 19 meeting. Lion Froom spoke on the recent International Convention held in Honolulu, Hawaii. At this meeting Governor Froom inducted the newest member into the club: Lion Richard L. Fletcher. Six Seaside Lions were also in attendance to honor the District Governor.

Six club members donated one day of labor to clean up the outside grounds of the Blind Center in Pacific Grove. Included in the work party were Lions Ken Bliesner and son Cory, Garry Anloff, Frank Catalano, Charley Felder and Ron Wight.

On October 22-23, the entire club worked on their newest project—parking cars at the Laguna Seca Road races. It is expected to be an excellent source of income and will allow the local club to participate to a greater degree in the Clubs philanthropic activities throughout the area.

Anyone interested in the Lions work or in becoming a member should contact Membership Chairman Frank Catalano at 624-3580. The rewards are great, in helping those less fortunate than ourselves.

CLUBS

Kiwanis News

Dr. Steve Austin

A Look Ahead To Kiwanis Events

October marked the month the Kiwanis '84 officers and Board of Directors met for the first time to chart the course for the club this coming year.

Establishing budget priorities is one of their most important tasks. President Ed August reported that the list of organizations the club now helps to support has risen to nineteen. With few exceptions the $8000 in funds distributed by the club will remain entirely within Carmel Valley. The groups represented are diverse, but as always the main emphasis is on youth organizations. In its continuing support of the Community Center and Little League the club is giving assistance to the local suicide prevention and drug abuse programs. Their inclusion in the budget represents a new awareness and direction for the club.

While establishing the budget, the Board is preparing for our next major fundraising activity, The C.V. Kiwanis Annual Christmas Tree Sale. Gary Tate, who in the past has personally organized the event reports the sale will begin **December 3,** and will continue until the 3-400 trees are sold. The club will raffle turkeys and offer a discount coupon to residents. Our largest trees will be 7-8 feet, but special orders for larger trees can be made by contacting Gary, evenings, at 659-4649 before November 15. Considering that all profits are returned to the community, that your donation is fully tax deductible and that we have historically been the most competitively priced on the peninsula, we hope you will think of us when you begin to make your Christmas tree selection.

A special thanks is given this month to fellow Kiwanian Randy Randazzo who personally donated a new gas powered weedeater to the Tularcitos School. Principal Jim Kohnke asked the club for assistance in the purchase of the weedeater to help maintain the newly dedicated Sylvia W. Schwarz Memorial Fitness Center ant the Gamefield Jog/Walk Course because the old one works off an electrical cord. Can you imagine? A 200 foot extension cord? In addition to the school grounds, Jim has offered to help maintain the four sites that exist in the Community Park.

After hosting the Carmel River Watch, California Soil Conservation and representatives of the Water Management Board, vice president Marv Smith will continue the current Carmel River theme through our mid-November luncheons. Following Mike Carion, area warden for the Dept. of Fish and Game, will be Marvin Wolf from the Dept. of Public Works. He will provide an update on the slide and bridges as we prepare for another winter. Finally Gary Tate, Monterey Peninsula Regional Park District Manager, will describe the work currently in progress at Garland Ranch to restore and protect the banks.

"Whats New In Carmel Valley?" will be the luncheon format for the rest of November and part of December. The Community Center, Village Improvement Committee and the CVPOA have been invited to speak.

Anyone interested in attending the luncheons should contact membership chairman Lou Gardner at 659-9980.

Paul Nielson To Be Garden Club Speaker

The first regular Fall meeting of the Carmel Valley Garden Association was held October 13. Bruce Elliott of the State Dept. of Fish and Game gave an excellent talk to a very well attended gathering. His subject was "Wildlife of the Monterey Area".

The next regular meeting will be held November 10 at 8 P.M. in the Parish Hall at St. Dunstans Church on Robinson Canyon Road. Featured speaker Paul Nielsen will talk on "Fire Retardant Plants For Landscaping."

Prospective members and visitors are welcome. Refreshments will be served.

Call John or Amy Allen at 659-4093 for more information.

Out Our Way

THE SAND CASTLE CONSTEST THAT NEVER WAS!!

Lynn Blair (second from left) and her sister Holly Decker (with kids), and *friends, have had entries in the Carmel Sand Castle Contest* for the last 12 years. So, when the contest was cancelled, they decided to have their own contest, and guess who won. Yep. For their efforts, they awarded themselves the golden shovel. Better luck next year to their arch rivals (small insert) who were the only other entries in the contest. The official contest was postponed this year because of repair work being done on the Carmel beach.

Community Gold Stars to those who gave blood at the Bloodmobile on October 13. The donors were: **Five Gallon:** Charles Guilford, **Four Gallon:** Walt Mauzey, **Two Gallon:** Willard Gill, **One Gallon:** David Chaney, Cynthia Hall, Robert Heald, and Father McSweeny. **Other donors were:** Matt Allaire, Lou Allaire, Barbara Allard, Beth Allard, Pamela Austin, Rev. John Paul Beaudoin, Melvin Blevins, Chuck Bosso, Elton Brown, Larry Busick, Judith Caswell, Ann Conneau, Pat Crowley, Don Cummings, Clinton Evans, Kalani Fonseca, Marjorie Foote, Madeline Garrett, Roger Gardner, Betty Hansen, Bruce Newton Hayes, Priscilla Higuera, Jo Ann Hildebrand, Sara Hunsaker, Robert Kohn, Kethy Little, Thomas Little, John Long, Cambrel Marshall, Toni Maulaison, Allan McInnes, Diane McKenzie, Jean Miller, Carlyle Mothersill, Gordon Miuamoto, Alex Olmsted, John Radon, Loretta Romis, John Schaffer, Herb Shoemaker, Marcia Smith, Laurie Stanley, Lorrie Stiles, Rev. Ann Swallow, Gary Tate, Peter Thamer, Susan Thamer, Sheryl Thomas, Sal Verde, Lee Warner, Nancy Watts, Joanne Wellborn, Robert Wilson, and Robert Woods.

Also, Gold Stars to the girls from the Bank of America who baked the cookies and cupcakes for the refreshments, and to those other volunteers that helped out during the event.

Community Gold Stars and thanks go to those people who helped with the Jamesburg School Concert held October 15 at the Community Park. Several businesses helped tremendously by donating items to be raffled. Gold Stars to the following businesses: Adina's Beauty Salon, Blackthorne Hot Tubs, Carmel Valley Market, Carmel Valley Natural Foods, The Chimney Sweeps (Merrill & Forbes), Grapevine Liquors, La Campania, Melanies Hair, Rohan's Texaco, The Running Iron, Valley Lodge, Village Beauty Shop (Jonas Tole-owner), Village House, and the Village Market, Also, thanks go to KTOM for promotion, and KOCN for promotion and a generous donation.

Congratulations to the Carmel Valley Fire Department who brought home another running trophy. The men recently won the team competition at the Big Sur River Run in October. At the rate they're going, pretty soon they won't have any shelf space left.

Trivia Test

1. Who is Ida May Fuller?
2. What were the three notes played in the NBC tone?
3. What contribution did Charles Sherrill make to track and field.
4. What was the first radio station to play solely rock'n'roll music 24 hours a day.
5. Who was Victoria Claflin Woodhull?
6. What project did Javacheff Christo sink $3 million into?

Zoellin And Cramer Exchange Vows

It took five years after they met before Julie Zoellin and Ted Cramer said "I do." The couple were married on October 29 at the Carmel Presbyterian Church.

Attending the bride were her sister, Sylvia Fosso, as matron of honor, and Flora Pomeroy, Linda Kolkena, Julie Lipman, Roberta Griffin and Lee Riley as bridesmaids. The grooms attendants were Curt Lutz as best man, Tom Cramer (Ted's twin), Mather Hervy, Jim Bradley, Jeff Goldfien, and Rerinter Traylor.

A reception was held at Rancho Canada Golf Club where family and friends were entertained by the Coast Ridge Boys. After the reception Julie and Ted left for a brief honeymoon, saving their "real" honeymoon for a one year trip around the world.

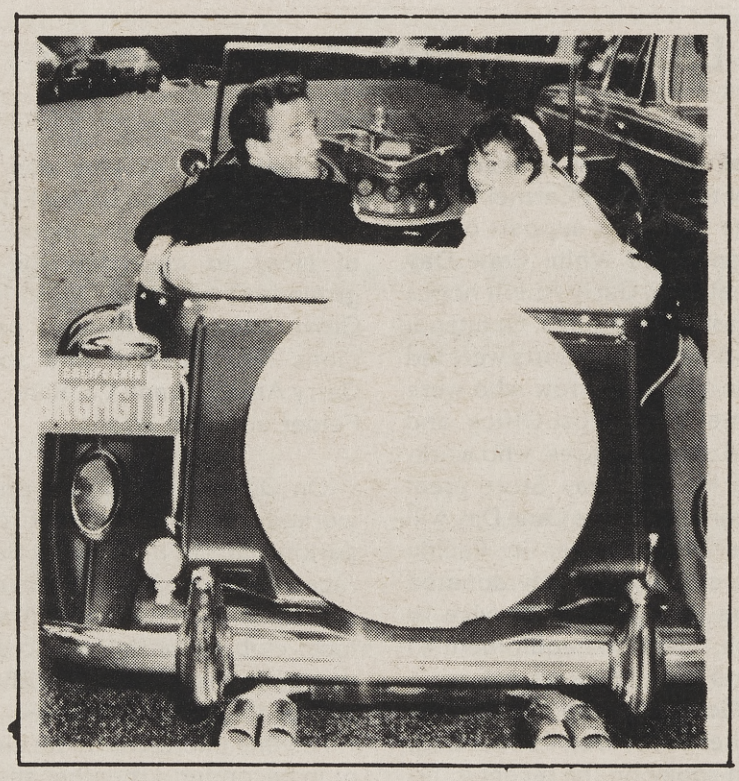
The couple will reside in Pacific Grove. Ted is a realtor for Century 21 Red, White, and Blue Real Estate and is currently working on a screenplay. Julie works at the Monterey Institute of International Studies-Graduate Management.

The two met in 1978 at the school library. They spent time traveling together and then pursued different careers—Julie in Georgia and Ted in Calexico. They were reunited this spring which resulted in the wedding.

Ted was raised in San Diego. He attended the University of California Berkeley. Julie was raised in Carmel Valley and is also a UCB graduate.

The newlyweds parents are Mr. and Mrs. Joseph Richard Zoellin of Carmel Valley, and Mr. and Mrs. Edward Tyler Cramer of San Diego.

Family and friends came from all over the United States to attend the wedding.



Ted Cramer and Julie Zoellin drove off to their reception in this 1952 MG classic. The duo were wed on October 29 at the Carmel Presbyterian Church. Photo courtesy of Dan Peterson.

FREE ENTERPRISE ...

More Than A Feed Service

While planning their holiday visits pet owners always face the problem What do we do with the animals? That is why **Pet Pals** has come into being.

Pet Pals is for pet owners who, while they are away would rather have their animals enjoy the comfort and security of their own home. "Its more than just a feeding service," says **Pet Pals** owner Denise Boulware. "I feel it's important to not only feed, exercise and administer medication, but also to provide companionship to the pet," she added.

Denise encourages pet owners to relate more than just the pets routine. She asks for favorite play routines, special toys, exercise schedules, or whatever special treatment you give your pet. "The absence of the owner and loss of daily interaction can confuse and depress an animal," said Denise.

Pet Pals developed from a natural love for animals which is apparent from Denise's past. She has spent a great deal of time finding "adoptive" parents for stray animals that she took in. She has also been involved in fund raising events for the local animal shelter.

If your pet needs special attention and comfort while you're gone call Denise at 659-4459.

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A Blending of Cultures

Carmel Valley resident, Jed Linde, M.F.C.C., has expanded his counseling-therapy practice in the Village area to a full-time basis. Working mostly with a focus on problem solving and personal growth with individuals, couples and families, he opened his part-time practice two years ago.

Mr. Linde was the supervising counselor of the Monterey Peninsula Youth Project's clinic on Sanborn Road in Salinas. He resigned last month to develop his private practice and participate in a doctoral program in Psychology.

Besides his seven years experience in the Salinas drug abuse clinic, Mr. Linde brings an extensive background to his counseling practice. Studying with Erich Fromm-trained psychoanalysts in Mexico City, he received his B.A. in Psychology *magna cum laude* from the University of the Americas.

Because of Dr. Fromm's interest in Zen Buddhism and Eastern treatment methods, Mr. Linde was introduced to Zen and meditation as adjuncts to the therapy process. This led to a ten-year period of studying with Zen master Shunruy Suzuki in California, followed by employment with the Salinas clinic.

The blending of Eastern and Western methods of therapy and personal development was the major theme of Mr. Linde's work for his M.A. in Psychology from U.W.W./International College. he is currintly enrolled in Califnroa Coast University's doctoral program in Psychology.

A state licensed marriage, family and child counselor, Mr. Linde sees clients by appointment only. For more information call 659-4954.

A New Dimension To Tubbing

Blackthorne Spas has added a new feature to their rental spas—La Donna. After you're all relaxed and refreshed from sitting in the hot tub, La Donna will give you an invigorating massage and salt rub. For those that really want to pamper themselves there is a full package that includes hot tub, massage, salt rub, pedicure, manicure, and a complimentary lunch...

It's A Good Source

Looking for a good wine buy or which wine goes best with what? Go straight to **The Wine Source.**

As **The Wine Source,** Geraldine Gatehouse and Dan Peterson plan to promote and market a variety of wines. "We originally got the idea while touring wineries in Mendicino and Napa counties. We encountered many interesting wines that were difficult to find in this area,"said Geraldine, the full time partner in the enterprise.

Their marketing will be geared to restaurants and helping them coordinate their menus with more imaginative wines that would compliment their meals.

Though other larger companies have found it difficult to do what Geraldine and Dan are planning, the two are undaunted. "We hope that by being local and having a lower overhead we can achieve what other companies have found difficult," said Geraldine. " Response from several excellent small wineries has been good," she added. Both Dan and Geraldine have strong business backgrounds with Dan's expertise being sales and marketing.

Both Dan and Geraldine love to travel and spend their free time looking for interesting wines, nooks and crannies that are great eating places, and fun overnight stops. They will be sharing many of their findings in a new column—A La Carte— which begins this month.

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CHANGE YOUR LIFE

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2)A personal growth workshop 8-9 P.M.
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625-5360 Patricia Elise Parker

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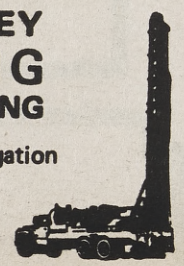
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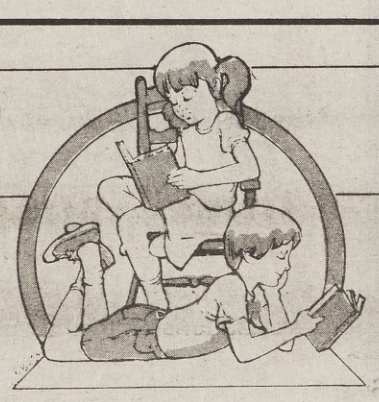

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What The Real Problem Is

To the Editor:

Wednesday night's meeting of the Trail and Saddle Club entertained objections by Boronda/Garzas Rd. residents to the Carmel Valley Rodeo Association event located at the Saddle Club. It was decided by the club board that it's membership would be solicited by letter to express their wishes about the Rodeo returning there next year. Rodeo Association members also present, assumed the objections were to any event sponsored by themselves, and after much verbal exchange, I think the Saddle Club directors realized the objections were only to the dangers and neighborhood impaction of the unprecedented traffic generated by the Rodeo.

1,272 cars and trucks crossed the one-lane bridge incoming to the Saturday event and created the same volume of traffic at the bridge as they left for home. (i.e. 1,272 less Garzas Rd. area residents car movement for about 70[3] families.)

We residents along the route from C.V. Rd. to the end of E. Garzas were witnesses to exhuberant, unorthodox driving during the Rodeo; driving off the right of way at Boronda/Garzas & Boronda/C.V. Rd. intersections in an effort to advance themselves in the line of cars; blocking traffic for side by side conversations at the bridge bottleneck; making the roadside areas unsafe for neighborhood kids who normally use this area for play. Too many drivers, when space ahead cleared, used Garzas as a speed straightaway. Traffic control at the bridge was by teenage uniformed Explorers who maintained a mien of cheerful fatalism when traffic jams were created by passing drivers stopping to converse, and too many drivers took the bridge at high speeds. (The car congestion at the bridge and traffic exiting onto C.V. Rd. was an expressed concern of the planning commissioners and proved to be a potential problem for emergency situations involving firetrucks or ambulances. We residents agree with the planning commissioner that the Rodeo is exclusively a problem to us because of the traffic and all that entails: — limited emergency vehicular movement, one lane bridge congestion, unprecedented car flow on narrow streets, car hazards to children and irrresponsible driving by some people that is a part of a situation where large numbers of cars and trucks gather on a roadway unsuited to those numbers.)

The planning commissioners warned it would be prudent for the Rodeo Association to find another site for their event next year; we intend to appear before them should the Association reapply for another event here, to remind the commissioners that landslides and economic slumps are not viable excuses for bringing back this mass of traffic at Boronda/Garzas which, Commissioner Varga said, " . . . is absolutely the wrong place to have a Rodeo." — And to observe, as did Commissioner Lynn Riddle, that this is an inappropriate land use and wonder along with her if fellow commissioners will each year "massage" this problem to make it conform to the granting of still another Rodeo off Garzas Rd.

— Maynard Briggs
Carmel Valley

What The Fire Protection District Needs

Dear Editor;

On November 8, 1983, the people living in Carmel Valley Fire Protection District will be voting for two directors of the three-member fire disctrict board.

It is essential that the district board of directors consist of persons who are sympathetic to the needs of the department staff and who have a throrugh knowledge of the district's relationship to the county government. their job includes actively attenting the County Board of Supervisors' meetings whenever issues arise that may affect the interests of the fire district.

George Hobbs and incumbent Larry Busick are both on the ballot for directors of the Carmel Valley Fire Protection District. These two men are longtime residents of Carmel Valley who understand the function of fire districts and who want to maintain the district as a self-governing body. They are competent and successful businessmen, each with a sincere desire to serve the community.

I would like to encourage your support for these two men because it is my opinion that they have the qualifications and experience needed to be on the district board of directors.

Kalani Fonseca
Carmel Valley

Main Reason Willows Died

There are many reasons why all those willow trees along the Carmel River died in the 1977-78 drought. This leading to the erosion problems, but the pros and cons will be argued for many years to come.

The one main point and I think the most important is never mentioned in the media - why? Becaause the Developers and other Special Interest Groups who wish to use this new dam and the existing dams for there own gain do not want it KNOWN!!!!

This main point is that Earthquakes and Dams do not mix. Most people do not know that there is a seismograph located in the Carmel Valley, and why is it there you may ask?

According to the U.S. Department of the Interior Geological Survey in a 1971 Publication places us on the very edge of a portion of the San Andres Fault system "which is subject to fault creep and relatively frequent small-to-moderate earthquakes." If anyone doubts this just ask anyone who lives near East Pinnacles.

Anyone interested can check the Geologic Atlas of California especially the map for Santa Cruz (NJ10/12)(printed 1958). This is published by the California Division of Mines and Geology. There are 4(four) faults that people should be made aware of and they are as follows:

1) Church Creek Fault: Approx. 3 to 4 miles up river from the Los Padres Dam.
2) Tularcitos Fault: Approx. 2½ to 3 miles North of the Los Padres Dam and approx. 1 to 1½ miles North of the San Clemente Dam.
3) Blue Ridge Fault: Approx. 1½ to 2 miles South-West of the Los Padres Dam and approx 2. to 2½ miles South-West of the San Clemente Dam.
4) Miller Creek Fault: Approx. ½ to ¾ of a mile down river from the Los Padres Dam, and crosses the Carmel River (for the third time) and the San Clemente Creek approx. 1/8 to ¼ of a mile before they join. Just down river from where they join is where the San Clemente Dam and the New Dam site are located.

To answer the people who say that earthquakes do not happen in this area can refer to the California Division of Mines and Geology Special Publication 52, First Edition, Earthquake Catalog of California, January 1, 1900-December 31, 1974, published in 1978. If anyone wishes to count them there were approx. 12,432 within the region covered by the same map as used to locate the faults mentioned earlier. Many of these were unfelt but they still bring pressure on such things as dams.

When studying the mechanics of what causes an earthquake one discovers that pumping large amounts of water from wells can trigger an earthquake. Since only TOKEN amounts of water from the 2 existing dams is being used for drinking water that means the rest must come from wells located in the Carmel Valley. This constant pumping of water from the Carmel Valley is going to speed up or trigger the long over due earthquake in the Valley.

There are many alternatives to guard against drought such as recycling storm drain water as they are doing to water the golf courses in Pebble Beach and drinking water can be obtained and stored in rain-catch cisterns as they do in the Virgin Islands since they have NO fresh water wells.

I think it is about time special interest groups stop playing Russian Roulette with the lives and property of the people who live in Carmel Valley.

I am calling for a full investigation into how the 2 existing dams got built in hte first place and how the sight for the new dam was selected.

I am also calling for a full independent study by a private group, which can not be bought off, to make a full seismological study of the areas around the existing dams. This ought to be done by the Seismology Department of Cal-Tech.

If you agree please write your elected officials as I am doing. Lets set all of the issues out in the open as well as all of the facts and let the people who will be effected most if the dams fail, DECIDE THE ISSUE.

A Concerned Citizen
Timothy P. Crafton

Individual Choice Strictly Adhered To

To the Editor,

In an article in the October *Carmel Valley Sun* about the candidates for the Monterey Peninsula Water Management District (WMD), Victoria Andrews quoted Darby Worth, President of the Carmel River Watch (CREW) as stating that the slate of Pat Bernardi, John Williams and Dick Heuer has the support of the Carmel Valley Property Owners Association (C.V.P.O.A.) in the November 8 election.

C.V.P.O.A. officers, directors and members are free and, in fact, are urged to support candidates of their choice for all elected offices. It is the C.V.P.O.A.'s policy, however, not to organizationally endorse or even support candidates for public office and during the period of time I have served on the C.V.P.O.A. Board this policy has always been strictly adhered to.

Richard Dalsemer
President
C.V. Property Owners Assn.

WHERE THERE'S SMOKE . . .

BY: Fire Dept. Staff

A common problem the fire department encounters when responding to an emergency is the difficulty locating an address. This is a universal frustration among emergency service personnel and is often heightened by the knowledge that a life is hanging in hte balance, depending upon their arrival within a matter of minutes.

Time is of the essence when responding to fires or medical emergencies. When breathing or the heartbeat stops, resuscitation must begin within four to six minutes. After that, irreversible brain damage begins and death soon follows. Fire increases in magnitude very quickly, and even a small blaze can engulf a building if firefighters are delayed in arriving at the scene.

House numbers should be placed on mailboxes in letters at least one inch high. Two inches is better. The larger the letter, the more visible it is, expecially at night or during inclement weather. The house number is what emergency personnel are looking for, more so than the name of the family. If possible, have someone at the driveway to wave down responding personnel. House numbers should be clearly visible from the street and lighted at night if possible.

Every member of the family should know what to do in hte event of a fire or life-threatening medical emergency. Every telephone in hte home should have an adhesive-backed emergency number sticker on it. These are available free of charge at the fire department. It is also wise to write down the complete address, including the nearest cross street, and post it by the telephone. This is not only for emergency use by a babysitter or other person who does not reside there, but helps a rattled person to quickly give the correct information.

Besides the address, the fire department will need to know the nature of the problem, the caller's name and the telephone number they are calling from.

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HORSE SENSE

Winterizing The Horse

by Anne Hood

With cold winds and rains just around the corner, people are stacking firewood and fixing leaky roofs. They are making themselves dry and cozy. What about their horses?

Horses are often, and correctly, referred to as "range animals" and, thereby, give the owners an excuse for not providing any shelter from the wind and rain. The majority of horses are not kept on a range where they will roam and seek sheltered areas and well-drained footing. Most are in small corrals or, at best, large fields. The more area a horse has, the more comfortable he is, at least he can stand on dry ground and avoid the cold mud that draws heat from his body.

A shelter provides him with a dry place to stand and a dry place to eat. We are all aware of the wind chill factor, and a wet horse standing withour a shelter from wind and rain is a miserable sight, not only to horse owners but to all animal lovers.

Last year many horses in Carmel Valley had no shelter and suffered from "rain rot" a fungal/bacterial type of infection caused by constant exposure to rain. Their hair falls out in patches just when the horses need it for warmth.

As we need more heat, so does the horse, and he should be fed more good-quality alfalfa hay in winter than in warmer weather. The higher protein ration keeps his furnace going.

If you clip your horse for the winter he should be blanketed with a warm waterproof blanket. The blanket should be removed during warm days and replaced at night. Blankets left on 24 hours a day become crooked and may chafe. If you don't clip, there is seldom need for a blanket as long as the horse has wind and rain protection. Nature provides each horse with the winter coat he personally needs. Some horses grow very little hair and others become fuzzy bears. It's the difference in metabolism, just like warm and cold "blooded" people. It seems to have nothing to do with breeding. I have seen a Registered Thoroughbred and a large pony kept together under the same conditions and the Thoroughbred grew more hair than the pony; they were also the same age.

Horses start losing their summer coat as soon as the nights start to lengthen in August. They start to lose their winter coats after the winter solstice in December. It is the change in daylight, not cold weather, that dictates their seasonal coats.

When you ride in the winter your horse will sweat more in his winter woolies and take longer to dry, so plan a ride early in the day so he will be dry by nightfall. If you only have afternoons to ride in, take it easy so he won't work up a sweat. A clean, dry, well-groomed winter coat keeps them warner than a sweat encrusted one.

Whether a horse is owned for commercial reasons or for pleasure, his health and comfort are your responsibility. If you can afford the luxury or a horse, you can afford a shelter.

Now is the time to give your horse the choice of standing under a protective shelter or, to the annoyance of some horse lovers, standing in the rain. Many horses enjoy the rain but will use the shelter when they become too cold or wet. Others hate to get wet so . . . give them a choice.

The California Penal Code 597 (B) states that all animals must be provided with food, water and shelter.

A LA CARTE:

by Geraldine Gatehouse and Dan Peterson
Courtesy of the Wine Source

Breakfasts & Beginnings

In this new column we will be giving you information on wines and eating places, not only from the Monterey Peninsula, but also within the general radius of a day's drive from Carmel Valley. Along with other interesting snippets on food and fermentations in general, we'll be searching for good value, interesting locations, anything that makes the search for food and drink slightly less hazardous for the unwary. There will also be a "cheap and cheerful" wine buy of the month, so if you're a person who likes to serve a $4.00 bottle of wine that tastes like a $10.00 bottle, then this is the space to watch.

To begin at the beginning, let's kick off this column with some low-down on breakfasts.

Ken and Marie Crank, former owners of the Picnic Box in Carmel Plaza, recently bought and re-opened Em Le's Old Carmel Restaurant, on Dolores and 5th, behind the old Post Office. The rack of regular's cups on the wall attests to the owners' success in serving "food like you'd fix for yourself." A pile of oranges sits next to an old-fashioned juicer, there are "soda jerk" handles and the packets of cereal that give the feeling of a bygone era.

As for the eats, the omelets, $2.75 - $4.25, served with fresh (not frozen) hash browns cooked in butter, are a specialty. The Spanish omelet with fresh tomatoes in the filling and spicy salsa on top is particularly good, especially if you order freshly-squeezed orange juice ($.90 or $1.50) to go with it. Other menu items include pecan, blueberry and strawberry waffles, $2.50 - $3.45, and homemade banana bread, $1.25.

A pleasant place to breakfast is The Crossroads Cafe which is at the mouth of the Valley. On a sunny day you can eat outside. The atmosphere is casual, light and airy and is enhanced by classical background music. Surprisingly reasonable prices and friendly service add to the enjoyment.

We found the best buy in the house to be the Breakfast Special: two pancakes, two eggs and a choice of sausages or bacon for only $2.25. The three-egg omelets with a choice of any three of twelve fillings for $3.95 (additional fillings 25 cents each), served with country potatoes and a choice of muffins or toast, were excellent. A lady at the next table enthusiastically complimented the cook on her cheeseburger. It looked very appetizing and a good buy at $3.75 for a half-pounder (though not our personal choice for 9:30 in the morning!).

For those with more European tastes, espresso and cappucino coffees are available.

The Crossroads Cafe is open from 7:00 A.M. to 5 P.M. and is located at 211 Crossroads Boulevard, behind the Well's Fargo Bank.

Another recommended breakfast spot is the New Davenport Cash Store, ten minutes north of Santa Cruz on Highway 1. This combination B&B, restaurant and pottery shop overlooking the ocean serves an exceptional breakfast that is well worth the drive. It can get crowded on a sunny weekend so be prepared to browse through the shop or wander down to the beach before being seated.

The cinnamon rolls alone justify the trip. They are made fresh throughout the day and come from the owners' own recipe; and they are absolutely delicious. Served hot from the oven, just dripping with cinnamon and caramelized sugar. They must rank among the best to be found on the West Coast, or indeed anywhere. Reserve one on arrival! They disappear fast.

The menu ranges from Huevos Rancheros to eggs and wok-stirred vegetables. Just in omelets lists ten items. And if you're there before 9 A.M., they offer a "Lumberjack Special" of three eggs, three strips of bacon, three pancakes and coffee for only $4.50.

Ceiling fans, fresh flowers on the table and live background music (a hammered dulcimer the day we went) add to the ambience.

Cheap and Cheerful Wine Buy of the Month

Just in case you feel like a champagne style breakfast at home, try *Codornio Brut Classico 1981,* a Spanish champagne which sells for under $4.50. Perignon it's not but very drinkable at the price and certainly as good as other champagnes on the market selling for $2-3 a bottle more.

Bon appetit!

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What Guidelines Should Be Followed When Purchasing A Computer?

Anyone can pick up a newspaper these days and find a multitude of advertisements blaring out bargain prices for todays personal computers. So what's a person to believe? What guidelines should be followed. Well, I would tell anyone that there are two things to bear in mind.

First, remember the old addage, "you get what you pay for." And second, decide how serious a demand you have for using a computer in your situation.

When considering the first, please realize that to the concerned eye of a professional there are already so many manufacturers in this market that the choices could be staggering. However, many of those manufacturers might just be out to turn a profit in today's environment of "computer mania." They might not be able to accomodate the future demands of todays customers in terms of technical support, software support and repairs.

Available software is another important consideration. Never purchase a new system without first knowing that there is software on the market that performs the proper work you plan for your computer. Make absolutely certain that you have seen this software in operation FIRST HAND, and that it fits into the quirks of your operating procedures at home or in the office.

In analyzing your needs for the type of system you need remember that it can be much like buying an automobile, You can get a souped up model that makes you a proud owner (and you may never use it to near its full capability) or you can get an intermediately sophisticated model, or still slower yet perfectly adequate and capable model, or you can get a patchwork (add-on or component) type system.

For a larger business with large quanitites of paperwork, filing, billing, payroll, etc..., the demand for time from the computer will be larger than that of a smaller business. Here we might consider suggesting a more souped-up system. For a modest business operation with modest activity, a lower priced yet somewhat sophisticated system would be best as most likely the demand for computer usage would grow beyond that first projected.

For a quiet business perhaps the slower yet fully capable system would be the best choice, since it might be looked at as a purchase of a nice typewriter, filing cabinet, and calculator all in one (if not more), For the home novice, perhaps the best bet would be a patchwork system that can be incorporated into some items already in the home. How so? Well, let's continue on.

A computer system consists generally of five elements: 1) the CPU, Central Processing Unit (the brain), 2) a keyboard (typewriter keypad), 3) a printer, 4) a video screen, and 5) a disk storage facility. For any but the home novice it will be quickly discovered that if any of these categories are not part of your system, or not versatile enough, the quality of work and the savings fo time gained by using your computer will be dramatically lessened.

There are many ads seen these days for purchasing a "computer" for under a thousand dollars. Although this may sound attractive at first, you may soon find that buying by these ads is like seeing that bargain price on a car and later discovering that seats, steering wheels, brakes, transmissions, tires, and windows are all optional extras! I'm not joking!

If you are considering buying a computer and using it somewhat seriously, consider it a serious requirement to satisfy ALL of the five categories I mentioned above. The most important three criteria to judge all of these categories by should be 1) how much imformation, at a maximum, does each need to be able to handle, 2) how often must I use each, and 3) how does this equipment compare to my needs?

Good luck to you and happy hunting. Remember that COWBOY COMPUTERS is a full service computer firm and if you have any questions contact me, Cary Browne, at the above address or phone number. Thanks again...see you next month...CB.

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Review
BOOKS FOR OUR TIMES
by
A Prescott Childs

The Female Of The Species...

The Descent of Woman, by Elaine Morgan - Bantam - $2.50

This book is not new—it came out in 1972. But because it's so relevant to the human condition, and specifically to the **female** human's condition, I bring it, lovingly, to the attention of *Carmel Valley Sun* readers.

As the books title paraphrases Darwin's *Descent of Man,* so the author presents a female-focused version of the sexual and social evolution of "the Naked Ape."

Her style, breezy, colloquial, fresh to the point of impudence, does not conceal her genius for cutting through mountains of research to the molehill of essential meaning. Whether its Robert Ardrey, or Konrad Lorenz, or Darwin, or Freud, Elaine Morgan leaves you knowing what they were saying.

She asks the important, unanswered questions. How, actually, did we change from a tree-swinging ape to a naked biped? How did we become tool and weapon users? Why has our sex life become so involved and confusing? Why, in our species alone, are sex and aggression closely interlinked? What about orgasm? How did the female lose her equality with the male? Why do we make war?

Her answers, persuasively reasoned, are based on the aquatic theory of evolution, which states that our species survived the 12,000,000-year Pliocene drought by going aquatic, as have other species such as the whale and the dolphin.

And, according to Elaine Morgan, some of our problems stem from the evolutionary changes that took place in those 12 million watery years.

If the female hominid is really going to be **sapiens** she's going to have to take a sharp look at the androcentric world around her. And Elaine Morgan's *The Descent of Woman* is quite a push in that direction.

In her 1982 book, *The Aquatic Ape,* Ms. Morgan does a comprehensive study of the aquatic theory of evolution, first proposed by Sir Alaster Hardy, a marine biologist, in 1960.

The author includes subsequent substantiating research, which established that precisely during the six million years of what Richard Leakey has called "a yawning gap", the period from which no humanoid fossils have been found, the seas inundated the northern half of Africa. Ape populations stranded on islands could quite probably have become aquatic to survive.

Certainly the very characteristics we had developed, which are totally unapelike, are run-of-the-mill for creatures that live in the water—hairlessness, subcutaneous fat, the Capacity to weep, the pelvic girdle in a straight line with the spine, face-to-face copulation, the diving reflex, outsize brains.

With increased substantiation of Hardy's aquatic theory of evolution, the social, psychological, and political implications of Elaine Morgan's *The Descent of Woman* take on added importance.

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HORSING AROUND

If you have horse news you'd like us to harness, here's your stall. Let us know of your prowess or plans, and we'll spread the word. . .

Carol Hartless of Quail Lodge recently travelled to Maui to participate in a dressage clinic taught by Major Anders Lindgren of Sweden. Lindgren, who gives clinics worldwide, is a much-sought instructor for local dressage devotees, some who were able to work with him at San Juan Bautista last spring. Carol said that under his guidance, every horse and rider improved within ten minutes. Before beginning his critique, he first watches the horse and riders moving normally for a few minutes at the three basic paces. Then, emphasizing that position is all-important, he concentrates on rhythm, using exercises around cones to make the rider more conscious of weight and balance. Carol notes that Lindgren possesses a fine sense of humor and speaks softly and gently to humans and equines alike, offering a generous dose of kindness along with his challenging requests. His primary advice? "Hold your head up and be proud of your horse!"

Michelle Rush of Rushwood Riding Academy took Vanessa Klettke of Carmel Valley to the Junior Amateur Jumping Derby held October 9 at Foxfield Riding School in Thousand Oaks. Vanessa, 13, was the youngest of sixty-five entries in the challenging event whose course was designed by Bert deNemethy, former coach of the U. S. Equestrian Team. Youth was no handicap for Vanessa who placed seventh in the competition on her aptly-named horse, Flight instructor. congratulations!

More on local equine pasttimes next month. Until then—keep your head up and be proud of your horse.

The Carmel Valley Gardener

by Dr. Ernie Marshall*

The Last Of Sex In The Garden

So far in our series "Sex in the Garden" I have discussed the two principal forms of plant reproduction — sexual and asexual and indeed this covers essentially all reproductive processes of the plant kingdom. There are however some very unusual adaptations of these forms of reproduction. To be truly knowledgeable of the diversity of plant propagation methods it is worthwhile to discuss some of these in more detail.

The first example that I wish to discuss and perhaps the most interesting, is the case in which a plant produces some anomaly in its life cycle which differs drastically from the normal stereotype of that particular species. As an example, once in a while an apple tree will produce one limb with fruits distinctly different from fruits on another limb. Notable cases have occurred in which an apple tree which normally produced only yellow apples would on one limb produce red apples. This not being the result of a graft but due to an anomaly known as "chimera." In the case of true chimeras, if a vegatative cutting is made and rooted, the resultant tree will produce only red apples. The exact explanation for chimeras is not thoroughly understood. It is truly an unusual occurrance in nature.

Another interesting phenomenon is the occurance of fasciated plants. Many plants may produce fasciated branches or fruits in which case branches may be severely flattened and enlarged as though several branches have grown together. This also occurs in fruits of plants, particularly members of the cucurbit family. Often zucchini, cucumbers, etc. will appear to have two or more fruits grown together or fasciated. This is more likely to occur with fruits borne on fasciated parts of the plant.

One of the most exciting new areas in plant reproduction is genetic engineering. Dramatic new discoveries have been made in this area in recent years. The basis for genetic engineering is the new found ability to add or delete certain elements of the basic genetic structure of the reproductive cell and thus alter some part or activity of the plant. Plant biologists have found that by altering gene structure or physiological processes of the plant. This has rememdous implications for the future when scientists may be able to alter plants so they will resist drought, produce more fruit, become resistant to insect and disease attack, and provide many other possible changes in plants. Genetic engineering is truly one of the areas of great promise for the future.

Studies are underway to produce by genetic engineering corn plants which will be able to fix nitrogen from the air in the soil where it can be utilized for growth just as clover and other legumes do today — wouldn't that be a tremendous step forward for mankind, particularly when you realize that most of the nitrogen farmers apply today comes from oil, which is becoming in shorter and shorter supply.

What a fabulous advance if we could, by genetic engineering, teach plants to take their nitrogen from the air (air is approximately 80% nitrogen) and utilize it, thus reserving our oil resources for other important needs. These are only a few examples of some of the rare and unusual events occuring in nature — it is a fascinating story.

It is with a great deal of reluctance that I must discontinue this column in the Carmel Valley Sun. Only recently I have been given greater responsibilities and must spend considerably more time traveling the Western United States working in agriculture. Perhaps at a later date I can again pick up the pen and write about my favorite subject — gardening.

— Happy Gardening,
Ernie Marshall

Ernie has enlightened and entertained us for almost two years. His column will be missed and we're very greatful he took the time to share with us as he did.

Winterizing Your Pool, Spa or Hot Tub

This is a big thing in most other parts of the country, but thank goodness, not here.

There are a few things you can do though to winterize your pool, spa or hot tub. 1) Take your swimming pool solar cover off, spary it down with a winterizing agent (to prevent mildew or algae growth) and store it out of the sun. 2) Put an algae diturent in the pool water. 3) Clean and wax your spa or hot tob cover. 4) Check your spa or hot tub blanket for age, and your cover for efficiency. This is the time when energy needs to be saved. 5) There are winter pool covers on the market now that help keep the water balanced and clean. 6) Don't stop circulating your pool, spa, or hot tub, whether you are using it or not.)7 If you are not going to be using your spa or hot tub, turn off the heater and put out the pilot light.

For more information, please give us a call. We'll be very happy to answer any questions about "winterizing."

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Pat Quinn's

Wildlife

By Pat Quinn, Director, George Whittell Wildlife Resuce Center, Monterey SPCA

BIRDS AND PEOPLE

It is inevitable that most people at some point in their lives will decide to obtain a pet of some kind. The difficulty of this is choosing the right kind of pet for your household, whether it be a dog or cat or some of the more exotic varieties such as snakes, fish, or birds. Caring for a pet can be far more complex then first imagined. Not only must you provide for physical necessities but emotional necessities as well. Birds especially are taken for granted and their needs underemphasized. The following are some basic ideas on how to care for your bird. The more exotic the species, the more effort you must make as a pet owner to supply the essentials to keep the bird or birds happy and healthy.

Let's start with cage requirements. Birds need adequate room to maintain a semblance of sanity. If your bird cannot stretch his wings and fly from one perch to the next or be able to go through a series of wing flaps, the cage is not large enough and the bird will be unhappy. The roomier the cage, the happier the bird. Some birds, especially certain species of finches are very gregarious and need to feel the security of a flock, in which case they need an aviary setting where several birds have the room to stretch their wings and fly. Birds such as doves can go both ways, you can either have two birds or several. If you have several doves in an aviary, they have the need to set up territories, and there is nothing worse than an overcrowded aviary and constant quarreling between birds. There is usually one or two who have weaker personalities and these birds can end up with a Yul Brenner syndrome, no feathers on their heads or necks. This shows again that you need to provide adequate space. Also unless you are prepared to help with birth control by removing the eggs, then you should build nest boxes with nesting materials so housekeeping can be set up. Doves appear to be more haphazard in their housekeeping techniques than other birds and not very successful as parents unless they are encouraged.

Cages need adequate perches of varying sizes to accommodate your bird's feet, keep them off the floor of the cage, and reduce stress by giving what is natural in their environment. Exotic birds such as parrots need natural wood perches because they need to chew. It's a common mistake with bird owners not to allow a parrot to chew, however it is natural and neccessary to their well-being. Natural woods such as oak and fruit trees can be found in abundance and are easily replaced. Clean perches are important and should be done at least twice a week. It's quite easy for a bird to get a bacterial infection on his feet from dirty and improper perches.

Good food is your next consideration. Buying seed from the store and giving it to your bird as an exclusive diet will result in vitamin deficiencies. Birds require fresh fruit, vegetables, and occasionally meat to give them a balanced diet. Fresh water and food everyday is a must. Liquid vitamins in the water can give a bird that little something extra to keep it healthy. A cuttle bone will help provide the calcium lacking in the everyday diet. Variety will keep your bird interested and you will discover what its favorite foods are.

Toys help keep birds from becoming bored especially if you are planning to leave them alone during the day while you are working. Mirrors so they can see their reflection, bells which constitutes a noise maker, and other varieties of toys will keep birds entertained for long periods of time. Boredom is the downfall of many exotic birds especially parrots who are suprisingly intelligent.

Variations in the perches, that is perches set at different levels, and ladders for climbing will encourage birds to exercise. As with most live creatures, it's easy to go to "pot" without being allowed to exercise.

Good food, exercise, and rest are a must for all pets. Undue stress such as loud noises, lights on at night or excessive teasing by children or even adults can cause an extreme variation in behavior and you will have an unhealthy bird as a result. Also extremes in the temperature can cause potential health problems. It's surprisingly easy to lose a favorite pet because of ignorance or carelessness. So before you buy any pet, do some research. There are thousands of inexpensive books on the market that can give you the information you need to care for a pet in the right manner. Whichever pet you choose, educate yourself as to its needs. That way you won't be caught not knowing what to do as contingencies arise. Accidents can always happen as can illness. Have a veterinarian check yur bird at least once a year. Watch for changes in its normal behavior. Be aware of what is normal first, then you will know what is abnormal. And don't be afraid to seek an expert's opinion — you might save the life of your bird.

You can have many years of enjoyment and satisfaction from owning a bird, particularly if you are willing to extend yourself and learn as much as you can about the the needs of the bird you have chosen as a pet.

New York Times Crossword Puzzle

Edited by EUGENE T. MALESKA

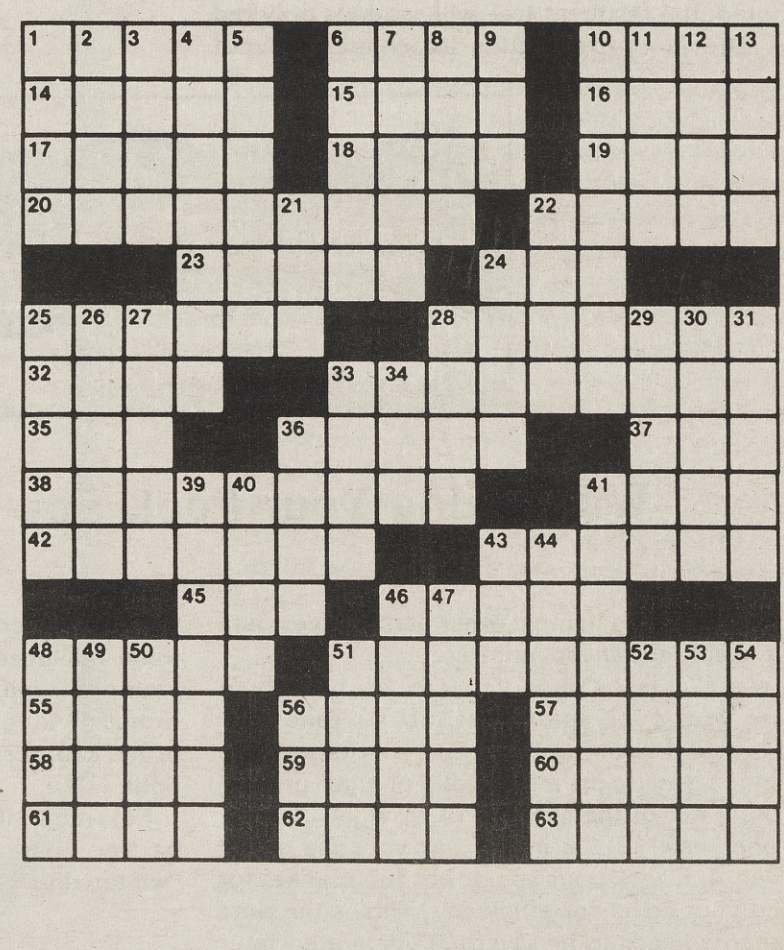
ACROSS

1 Nags
6 Hermit or fiddler
10 Hawaiian cloth
14 Vigilant
15 Famed Jesuit lexicographer
16 Japanese gelatin
17 Bottom
18 "Christians ——," Broun-Britt work
19 Prink
20 Collection of maxims
22 Awaits
23 Actress MacMahon
24 Spanish gold
25 Prate
28 Typewriter parts
32 One of Hodges' stars in 1969
33 Kind of drill or tire
35 Ginza legal tender
36 Geometry problems
37 Eastern title
38 Take apart for shipping
41 Informed about
42 Runs aground
43 Certain chair persons
45 Morse resource
46 Move quickly
48 Cabbage dish
51 Memory aids
55 Unless, to Brutus
56 Lope or trot
57 Site for lots of bucks
58 Wapitis
59 Scruff
60 Emmy or Tony
61 Jerry of court fame
62 Consumer
63 Bloke's knappers

ANSWERS ON PAGE 32

DOWN

1 Suspend
2 Hale or King
3 Make over
4 Archbishop
5 Amble
6 Sing in a low, gentle tone
7 Word with gas or electric
8 Associate
9 Turkish title of respect
10 Soup thickener
11 Like fine brandy
12 Whittle away
13 Places of refuge
21 Golf position
22 —— Stoker, "Dracula" author
24 Work
25 Chores
26 Representative
27 Course
28 Playwright O'Casey
29 Stockade
30 Severity
31 Examines by radar
33 Companions of cons
34 Unused
36 Does sum work
39 His reasons are false and misleading
40 Diamond hitch
41 Like the planet Pluto before 1930
43 Machine part
44 Arctic garb
46 Dowitcher
47 Arno or Nero
48 Homophone for 34 Down
49 Anger: Colloq.
50 Inquires
51 Venlo's river
52 Zoological suffix
53 Part of a bird's beak
54 Installs "outdoor carpeting"
56 Homophone for 34 Down



News from the Carmel Valley Library

Now Available

1. *Del Corso's Gallery*-Philip Caputo
   A novel about the experiences of a photo-jourlalist during the Vietnam War.
2. *Here I Stay*-Barbara Michaels
   Tale of the mysterious powers hidden in a decaying Victorian mansion.
3. *The Angels Weep*-Wilbur Smith
   In this new novel, Smith brings the saga of the Ballantyne family into present day Rhodesia.
4. *Hell's Bells*-Cindy Packard
   The hilarious account of the misadventures of a young woman who greets each day with heart-felt pessimism.
5. *Maigret Afraid*-Georges Simenon
   Maigret investigates three baffling murders.
6. *Forced Landing*-Thomas Block
   The crackling story of a brilliantly conceived skyjacking.
7. *Speaker of Mandarin*-Ruth Rendell
   A complex crime story set in China by the author of many best-selling mysteries.
8. *Season of Yellow Leaf*-Douglas C. Jones
   The story of a ten-year-old white girl captured by the Comanches in the late 1830's and her adjustment to a culture vastly different from hers.
9. *Caretakers*-Tabitha King
   A realistic exploration of the curious spiritual bond between a member of a wealthy Maine family and a handyman ten years her senior.
10. *The Rescue of Miss Yaskell and Other Pipe Dreams*-Russell Baker. More than a hundred pieces of Baker's delightful writing, drawn from his New York Times "Observer" column.

Advance Notice:

We would welcome your requests for the following forthcoming books.

1. *The Bob and Ray Show*-Bob Elliott and Ray Goulding.
2. *This Man and Music*-Anthony Burgess
3. *Firefox Down*-Craig Thomas
4. *The Gates of Midnight*-Jessica Stirling
5. *A Horse for Mr. Biswas*-V.S. Naipue
6. *The British Cross*-Bill Granger
7. *Prescriptions for Prosperity*-Eliot Janeway
8. *Moreta: The Dragonlady of Pern*-Anne McCaffrey
9. *The Web She Weaves: An Anthology of Mystery and Suspense Stories by Women*-Edited by Marcia Muller and Bill Prongini.
10. *Cop Without a Shield*-Lillian O'Donnell
11. *Stories of Bernard Malamud*-Bernard Malamud
12. *The Last Testament of Oscar Wilde (Fiction)*-Peter Ackroyd
13. *Third Person Rural*-Noel Perrin
14. *Mandarin*-Robert Elegant
15. *Opus Pistorum*-Henry Miller
16. *Leila: The Further Adventures in the Destinies of Darcy Cancer, Gentleman*-J.P. Donleary
17. *P. G. Wodehouse: An Illustrated Biography*-Joseph Connally
18. *Vietnam: A History*-Stanley Karnow
19. *Who Stole Stonehenge?*-Leela Cutter
20. *C. Wright Mills: An American Utopian by Irving Louise Horowitz*

Free Concert At The Library

Bob McNamara, accomplished classical guitarist from the San Francisco Bay Area, now a resident of Pacific Grove, will be performing at the C.V. Library on Friday, November 18, at 7:30 P.M. The program "From John Dowland to John Lennon" will bring four hundred years of guitar history to the residents of the Valley.

Doing an injury puts you below your Enemy Revenging one makes you but even with him; Forgiving it sets you above him.

STATE OF THE MIND

by
Karen Hughes

Our young people as well as us adults are facing a major problem in our society. Chances are some of us or someone close to us has a problem with drugbs or alcohol. Often we aren't sure whether the situation has reached a problem level. Don't wait for the red flashing lights to let you know it has. Here are some ideas to help you evaluate your situation or that of someone close to you:

The point at which **use** of drugs or alcohol turns to **abuse** is different for everyone, there is not a definite line. One definite **fact** is that an abusor/alcoholic **cannot use any amount** at all—for them, **abuse** is just around the corner.

What differentiates use from abuse? Two main elements are dependency and control. **Dependency:** drugs or alcohol are often used for: 1) relaxation—especially in social settings. 2) sometimes shy or insecure people may use/drink to beel better about themselves. 3) celebrations socially support using or drinking as part of the celebration. There are many more reasons why someone might use. The question is, are they **dependent** on that **substance** for those things? Can they only go to parties, relax, socialize or feel good about themselves when they are using a drug or drinking alcohol? If the answer is yes, they have a problem.

Control: does the dependency or the **substance control them?** Are they unable to **set a limit** and **Keep it?** If the answer is yes, there is a problem.

Admitting there is a drug or alcohol problem is the most difficult step one can take. Don't wait!

This subject is an important one and in many ways it effects us all. Next month I will discuss the psychological "symptoms" that can help us to recognize a drug or alcohol problem.

If you need any further information please contact me through the *Carmel Valley Sun.*

Til next month
Karen Hughes, M.F.C.C.

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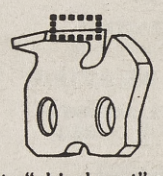
(behind Will's Fargo)

GRINDSTONE NOTES

by Larry Warcken

This month we'll take an in-depth look at how saws work as well as provide some trouble shooting tips.

HOW A CUTTER WORKS

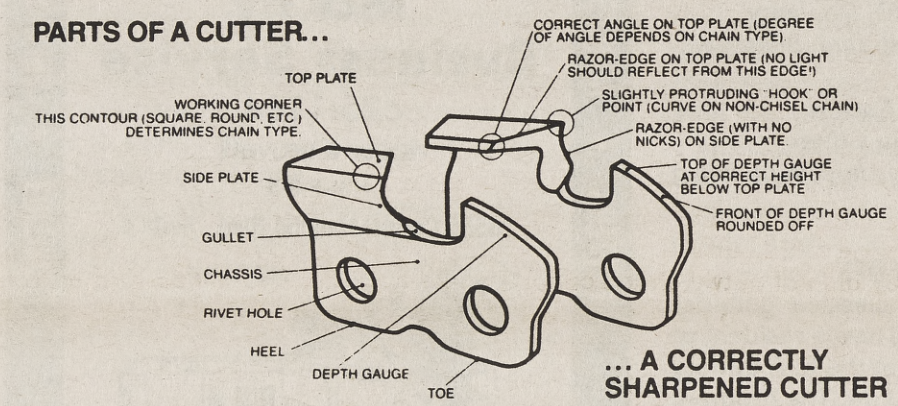


Top plate "chisels out" severed fibers.

Side plate severs crossgrain wood.

Depth guage rides on bottom of cut and controls amount of "bite."

PARTS OF A CUTTER...


CORRECT ANGLE ON TOP PLATE (DEGREE OF ANGLE DEPENDS ON CHAIN TYPE).
RAZOR-EDGE ON TOP PLATE (NO LIGHT SHOULD REFLECT FROM THIS EDGE!)
SLIGHTLY PROTRUDING "HOOK" OR POINT (CURVE ON NON-CHISEL CHAIN)
RAZOR-EDGE (WITH NO NICKS) ON SIDE PLATE.
TOP OF DEPTH GAUGE AT CORRECT HEIGHT BELOW TOP PLATE
FRONT OF DEPTH GAUGE ROUNDED OFF
TOP PLATE
WORKING CORNER
THIS CONTOUR (SQUARE, ROUND, ETC.) DETERMINES CHAIN TYPE.
SIDE PLATE
GULLET
CHASSIS
RIVET HOLE
HEEL
DEPTH GAUGE
TOE

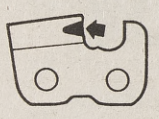
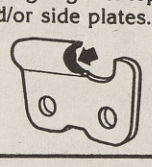
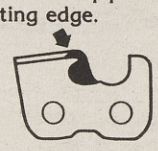
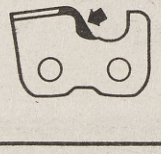
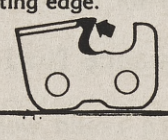
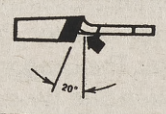
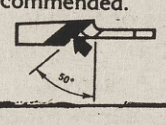
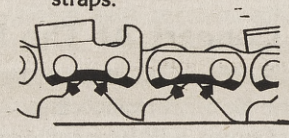
... A CORRECTLY SHARPENED CUTTER

TROUBLE SHOOTING

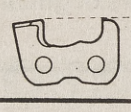
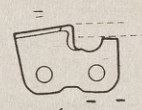
Most chain problems are caused by three things: Incorrect filing, lack of lubrication, and loose chain tension. Here are some of the most common signs to look for if your saw chain is not performing right.

CUTTER PROBLEMS

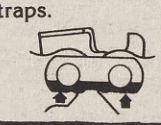
If your chain is not cutting, cuts slowly, won't hold an edge, or it cuts crooked, your problem could be caused by one or more of the following conditions.

CONDITION	CAUSE	RESULT	REMEDY
Severe damage on either side of top and/or side plates. 	Cutters hit or cut material other than wood. (Possibly dirt, rock or sand.)	Chain won't cut. Chain cuts crooked if only one side has damage to the cutters.	File damaged area out of all cutters. If only one side is damages, file it first. File other side of cutter to the same length. Reset depth guages.
Light damage on cutting edges of top and/or side plates. 	Cutters came in contact with light abrasive material.	Very slow cutting—if at all. Have to force chain to cut.	File damaged area out of all cutters.
Feathered top plate cutting edge. 	File handle held low or the file was too small.	Poor stay-sharp. Rapid dulling. Will cut fast for short time, then becomes dull.	Use proper size file. Check filing method with filing instructions.
Backslope on side plate cutting edge. 	File held too high, or the file was too large.	Cutters won't feed into wood. Slow cutting. Have to force chain to cut. Will cause excessive bottom wear.	File cutters to recommended angle. Check filing method with filing instructions. Check file size.
Hook in side plate cutting edge. 	File held too low or the file was too small.	Rough cutting. Chain grabs. Cutters dull quickly or won't hold a cutting edge.	File cutters to recommended angle. Check filing method with filing instructions. Check file size.
Blunt top plate cutting angle.	File held too high or file was too large.	Cutters cut slow. Requires extra pressure to cut. Will cause excessive wear on bottom of chain parts.	File cutters to recommended angle. Check your filing method to filing instructions. Check file size.
Top plate angle less than recommended. 	File held at less than recommended angle.	Slow cutting. Requires extra pressure to cut.	File to recommended angle. Check your filing method to filing instructions.
Top plate angle more than recommended. 	File held at more than recommended angle.	Cutting angle is very sharp, but will dull fast. Cutting action rough and erratic.	File to recommended angle. Check your filing method to filing instructions.
Excessive heel wear on cutters and tie straps.	One, or a combination of the following: blunt top plate filing. Forcing dull chain to cut. Forcing chain to cut frozen wood. Low depth guages. Lack of lubrication.	Heel of cutter wears off rapidly. In cold weather cracks will appear.	Sharpen cutters properly. Use plenty of lubrication. Don't force chain to cut. Keep cutters sharp.
Concave wear on bottom of cutters and commecting tie straps. 	Tight chain tension on hard-nose bar. Heavy undercutting or boring with hard-nose bar.	Concave wear on bottom of all parts.	Use sprocket-nose bar. Reduce amount of cutting with nose or top of bar.

DEPTH GUAGE PROBLEMS

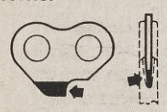
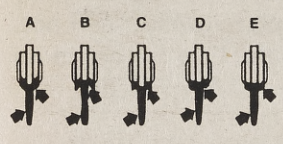
High depth guage. 	Depth guage never filed.	Slow cutting. Have to force chain to cut.	Lower gauges to recommended setting.
Low depth guages. 	Wrong gaugit setting or no gaugit used.	Rough cutting. Chain grabs. Saw won't pull chain through wood.	If the depth gauges are too low the chain is no longer serviceable.
Uneven depth guage height.	Uneven depth gauge setting	Chain won't cut straight. Leads off in cut. Binds in cut.	Use correct gaugit and setting. Keep all depth gauges same height. Repair bar.

TIGHT JOINT PROBLEMS

Peening on bottom of cutters and tie straps. 	Loose chain tension. Dull cutters. Improperly filed cutters. Chain chatter. Forcing dull chain to cut.	Bottoms of all parts, and/or heel of cutter are blurred and peened. Joints are tight and will not flex freely.	A chain with severe tight joints is no longer serviceable. Keep proper tension and sharpening.
Peening on front corner of cutters and tie straps.	Loose chain tension allows chain parts to pound on the motor-mount end of the bar.	Burring and peening on front corner of tie straps and cutters. Prevents parts from flexing.	Keep proper chain tension.
Peened notch in tie strap.	Peen in notch from worn spur sprocket.	Burring and peening in notch area. Tie strap is forced against drive link, preventing drive link from flexing.	Chain is no longer serviceable. Replace sprocket and chain.

GRINDSTONE NOTES CONTINUED

DRIVE LINK PROBLEMS

CONDITION	CAUSE	RESULT	REMEDY
Straight bottoms.	Shallow bar groove in body of bar.	Drive link tangs worn straignt. Drive links can't clean bar.	Replace bar. File toe of drive link to clean bar groove.
Concave bottoms.	Shallow bar groove in nose of bar. Worn tip.	Drive link tangs are worn in concave shape.	Replace bar or have nose rewelded.
Battered and broken bottoms.	Chain jumped off revolving spur sprocket.	Drive links battered. Nicks in drive links. Won't fit in bar groove.	File off burrs so drive links fit in bar groove. Replace drive link if bottom is chewed off.
Sides worn round at bottoms. 	Drive links worn thin at bottoms.	Worn bar groove allows chain to lean over sideways.	Close groove in bar is serviceable or replace bar. Replace chain if problem still exixts.
Front or back peened.	Worn sprocket.	Improper sprocket fit causes change in drive link shape.	Replace sprocket. Service life of chain is shortened.
Various wear patterns on drive links.  A B C D E	A. Worn bar groove—worn nose rails. B. Thin bar rails—nose area. C. Bar rails not flat. D. Wide rails and worn rails. E. One rail worn down.	If the bar rails are not kept square the drive links will wear to match the bar rail condition.	Replace bar or have it fixed by a repair shop.

The phone rang during late afternoon and on the other end of it was the voice of a childhood friend of my father's. Would I please join him for dinner at a local hotel that evening at eight? My husband was also welcome but he had prior committments.

The caller and my father had been classmates but both left Germany when it rejected the Jewish people. My father ended up in the United States and his friend settled in Israel. Throughout the years they corresponded with each other and met occasionally.

As I was calling the sitter to come and care for our eight year old son I thought about how our son had never met his grandfather because he had died before Mathew was born. I realized that the late hour with school the next day did not outweigh the opportunity for our son to meet a contemporary of his unknown grandfather.

We both dressed in our Sunday best, preparing to dine in a fine restaurant. As we were parking, the opulence of the surroundings impressed my son. The array of new cars and a golf course were characterized as "neat'.

We waited in the lobby and were finally greeted by my father's friend who was in his mid-seventies. My son was filled with questions. Did his grandfather like to ride a bike? The answer entailed a wonderful description of a bike tour the classmates had taken through southern Europe. Was he a good student? Again an extensive story about my father's ability to receive good grades, yet not work harder than necessary.

"Tell me something special about Grandpa," my son asked. And we heard how once, during religious instruction, my father placed a snowball on the ceiling above his bald-headed instructor. This caused the teacher to call the plumber because he thought the pipes were leaking. This revealed yet another side of my father.

When dinner was served it began with a shrimp cocktail decorated to look like a lobster and ended with an ice cream sundae ordered solely to introduce our host to an American specialty. Warm feelings surrounded our threesome and when we parted we shared sincere farewells.

As we drove out, my son said, 'That was neat!' 'Yes, it was a fancy place,' I replied. 'Not that,' he said. 'The man was neat. I'm so happy, I feel like crying. It's like I met my Grandfather!'

Notes From The Bookworm

by Mary L. Berta

Mrs. Berta has a Masters Degree in Education from the Monterey Institute and is a bilingual specialist.

Maximizing Early Learning Experiences

Conversing with your child and aiding your child to develop listenng skills are two ways to maximize your child's early learning experiences. A third way, reading aloud, aids in increasing vocabulary, listening skill, and comprehension. The practice of reading aloud can be continued as a funtime family activity for children in the early and middle grades.

READ: Read aloud daily. Parents who make reading an enjoyable experience arouse the child's desire to acquire that skill. Children imitate parents. If the parents read, the children will also value reading. Pay a visit to the library and allow your child to choose a favorite book. Buy books and provide a place for your child to keep them. Children take pride in owning their own books. If a child selects a book whose content is too lengthy or too difficult, you can always tell your own shortened version of it. Before reading, explain the meaning of any unknown words.

To stimulate thinking, from time to time ask simple who, what, why, when, how and where questions. There's only one answer for a closed question, such as, "Who worked all day?" If the child does not answer the question correctly, merely re-read the part that contains the question. An open question may have many answers, any of which may be correct. This type of question encourages opinions, increases conversation, challenges the imagination and allows freedom in answering. There are no wrong answers. Examples of open-ended questions are: "What do you think would have happened if_____?", "If you were Tom or (Mary) in the story, what would you have done?", or pause in the story to ask, "What do you think will happen next?" The use of open-ended questions builds a closer relationship between parent and child.

Enjoy the pictures in the book and talk about them. Ask the child to point to specific objects.

When the child is old enough, encourage him/her to tell you a story. Write it down and read it back. This demonstrates to the child that what we say can not only be written down, but can be read. Ask questions to elicit good descriptive words. Teach the child to use the five senses in describing, i.e., seeing, hearing, smelling, tasting, touching. Examples of descriptive words: a soft kitten, a buzzing bee, a blue lake, a sweet perfume, a sour apple etc. Children are interested and excited to "read" their own stories.

Reading is active, not passive. It promotes social interaction, conversation, tolerance for different ideas, and interpersonal relationships; it develops identity, imagination and self-confidence, as well as the skills of listening, talking and sharing. So many benefits accrue from shared reading. It enriches family life, draws families closer together, and leaves happy memories. Good literature is a treasure well worth seeking.

Please keep in mind that I am dedicated to aiding children to reach their full potential in reading and math skills. Call me at 659-2305.

CARMEL VALLEY NATURAL FOOD NEWS

New Information On DLPA

We have had a very positive response to a new product called DLPA. Please come on in for your own free literature.

Here's Blair to report on the known facts of DLPA.

Sincerely Wendy

This month we'd like to bring your attention to dl-phenylalanine or DLPA. Dl-phenylalanine has been classified as a nutritional supplement not as a drug. Dietary phenylalanine, an essential amino acid, is used in the synthesis of protein. This modified form of phenylalanine, DLPA, can strengthen your health by improving the effectiveness of the immune system and by increasing the concentration of the body's own pain relievers. DLPA blocks the body enzymes that break up and diminish our endorphins. This allows more time for the endorphins to work.

Tests are showing that DLPA is responsible for a significant increase in endorphin levels in both humans and animals. Health professionals, pain treatment clinics and scientific research papers have reported dramatic results in patients with severe acute and chronic pain conditions indluding: Rheumatoid arthritis and osteoarthritis, lower back pain, severe premenstrual "cramps", migraine, joint pains, long standing whiplash, postoperative pain, and neuralgia.

DLPA taken orally in 375 mg. tablets, is a powerful analgesic. Its effect often equals or exceeds those of morphine or other opiate derivatives. It differs from the usual prescription drugs and over-the-counter medicines in several critical ways:

- DLPA is non-addictive
- DLPA's effects become stronger over time - patients do not develop tolerance to the pain-relieving effect.
- No adverse side effects, mental or physical, are associated with DLPA's use.
- Toxic overdose is impossible, and there is generally a lack of potential for abuse.
- DLPA can be combined with any other existing therapy - drugs, aspirin, acupuncture, chiropractic, etc., without adverse interactions, and often with benefits greater than could be obtained from either therapy alone.
- DLPA also has a strong antidepressant action, - extremely important in the common instance where the sufferer of chronic pain is also a victim of depression.
- Perhaps most amazingly, the pain relief produced by DLPA can last far beyond the period in which it is taken. Some patients have reported that following a week of DLPA use, pain relief continues for up to a month without additional medication of any kind. Pain control using DLPA can be very economical.

Please bring your questions in to me at the store. Feel better with nutrient-rich clean food and vitamin-mineral supplementation.

Sincerely Blair

Breakfast Pick-up

2 bananas
1 carrot
1 stalk of celery
2 cups unsweetened apple juice
2 cups unsweetened orange juice
3 Tb. regular wheat germ
3 Tb. honey (try to use less)
1 egg

Liquefy everything in the blender. Add more orange juice to thin, if desired. Serve in glass with ice. Serve with whole wheat toast or whole wheat muffins.

Prep. time: 15 minutes
Makes 4 servings

protein **vitamin C**
B vitamins **Potassium**

Nutty Chicken Salad

2 cups cooked, cubed chicken
½ cup chopped celery
½ cup coarsely ground peanuts
½ cup crushed pineapple in its own juice. drained
¼ cup mayonaise
Salt and pepper to taste

Mix all ingredients together and chill.

Prep. time: 15 minutes
Yield: 3 cups

Protein **vitamin C** **Other:**
Calcium **Other:** **Phosphorous**
Magnesium **Potassium**
B vitamins

Granola Bars

6 eggs
3 cups granola cereal
1 cup currants, raisins, or dates (chopped)
½ cup almonds, chopped fine
½ cup sesame seeds (unhulled)
¼ cup sunflower seeds

Beat eggs in a medium-sized bowel. Add remaining ingredients; mix well with a spoon. Batter will be thick. Let the mixture sit for 15 minutes while the oven is preheating to 350°. Pour mixture into well-oiled 9—inch square pan. Press mixture into pan and smooth top. Bake for 25 to 30 minutes, or until lightly brown and firm. Remove from oven and cut into 1-by-2 inch bars whils still hot. Remove from pan by loosening edges gently with a spatula. Cool. Store in an airtight container.

Prep. time: 1 hour
Yield: 3 dozen

Protein **B vitamins**
Calcium **Other: iron**
Magnesium **Potassium**

CONGRATULATIONS...goes to Julia Masaoka. This month Julia's Health Tip was picked out of the fish bowl so she won the $20 gift certificate and we get to share in her "words of wisdom" for better health. Thank you Julia.

(Come on in and submit your own healthy tip. Your own healthy experiences may be very valuable to the rest of us and you may win the $20 gift certificate.)

Stay Healthy
Wendy

I have found aloe vera to be effective in healing bites and poison oak, especially when applied at night to reduce scratching.

To store your own aloe: use an outside leaf (most mature) split the outside back of leaf, scraping juice into clean container-can be stored for limited time in refrigerator.

November Anniversary

Enter Free Turkey Drawing with this ad

It's an Everything's on Sale, SALE

Values up to 60% off. *On Body Care, Vitamins, Preservative free package foods, Frozen foods Health books, Greeting Cards & Gifts, Macrobiotic foods, Herbal teas, Fresh Roasted Coffee, Fruit juices, Dairy products, Nuts & Grains, Fresh produce, Foods for Allergies & Special Diets, Ask about the November Sale food bar special.*

CARMEL VALLEY NATURAL FOODS

CARMEL VALLEY NATURAL FOODS At the far end of the Village Center **659-2811**

Want To Get Involved

Alliance on Aging
Support and Education for Senior Citizens
Every Friday, 11:20 a.m.
Community Center
Pacific Grove

•

Carmel Rancho Lions Club
Service organization
First and Third Wednesday
8:00 a.m.
Crossroads Community Room

•

Carmel River Watch
River management and restoration
First Thursday, 7:30 p.m.
Baptist Church
Schulte and Carmel Valley Roads

•

Chamber of Commerce
Serving Greated Carmel/ Carmel Valley
Business service organization
Meetings vary call 649-4000 or 625-1200 for meeting details

•

C.V. Community Chapel
Sunday Service 11 a.m.
Sunday School & Nursery available
Village Dr. & Paso Hondo

•

C.V. Community Center Board of Directors
Service organization
Last Wed., 7:30 p.m.
Activity house

•

C.V. Garden Club
Service organization
Second Thurs., 8 p.m.
Hidden Valley Music Seminars

C.V. Kiwanis
Service organization
Tuesdays, 12 noon
Hidden Valley Music Seminars

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C.V. Native Plant Society
Third Tues., 7:30 p.m.
Carmel High School

•

C.V.P.O.A.
Representing property owners in planning and development matters.
Second Wed., 7:30 p.m.
Mid Valley Fire Station

•

C.V. Rodeo Association
Second Monday 8 P.M.
Trail and Saddle Club
Garzas Rd. Carmel Valley

•

C.V. Rotary
Service organization
Tuesdays, 12 noon
Rancho Canada

•

C.V. Womens Club
Service organization
First Wed., 12 noon
meeting place varies.

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C.V. Village Improvement Committee
Professionals concerned with Village beautification and security.
Second Friday, 12 noon
Los Laureles Lodge
No host luncheons

•

Community Christian Church
Sunday, 10:30 a.m.
Carmel Valley Community Center

County Board of Supervisors
Tuesdays, 10 a.m.
Supervisors Chambers, Salinas

•

Experimental Aircraft Assoc.
Carmel Valley Chapter 204
Second Friday, 7:30 P.M.
Oldmeyer Center
986 Hilby Ave. Seaside

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Friends of C.V. Library
Service Organization
First Tuesday of Month
8:00 P.M.
At the Library

•

Friends of Hidden Valley
Service Organization
Meetings vary call 659-3115 for meeting details

•

National Organization for Women
Third Wed., 7:00 p.m.
Monterey Library

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National Women's Policitcal Caucus
Politically involved women's group
Third Thursday of Month
Call 649-0834 for place and time

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Professional Women's Network
Service organization
Fourth Tues., 7 p.m.
Crossroads Community Room

•

Tularcitos Parents Club
Service organization
Third Thurs., 7:30 p.m.
Tularcitos School Room 9

Where To Write To Representatives

Governor
The Honorable George Deukmejian
Governor of California
State Capitol
Sacramento, California 95814

State Assemblyman
The Honorable Sam Farr
1200 Aguajito Road
Monterey, California 93940
District No. 28
646-1980

•

The Honorable Eric Seastrand
1012 Mill Street
San Luis Obispo, California 93401
District No. 29

•

The Honorable Rusty Areias
25th District, State Assembly
Room 4139, State Capitol,
Sacramento, California 95814

Supervisor
William Peters
1200 Aguajito Road
Monterey, California 93940
District No. 5
649-6515

U.S. Senators
The Honorable Alan Cranston
45 Polk Street
San Francisco, California 94102
(415)556-8440

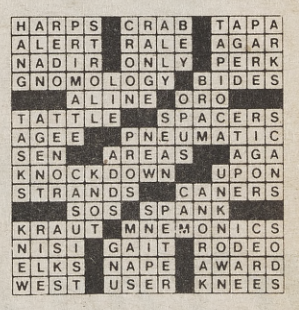
The Honorable Pete Wilson
450 Golden Gate Avenue
San Francisco, California 94102
(415)556-4306

U.S. Congressman
The Honorable Leon E. Panetta
380 Alvarado St.
Monterey, California 93940
District No. 16
649-3555

California State Senator
The Honorable Henry Mello
1200 Aguajito Road
Monterey, California 93940
District No. 17
373-0733

Crossword Puzzle and Trivia Test Answer

1. She was the first person to receive Social Security benefits beginning on January 31, 1940. She paid $22 into the fund that gave her $20,000 over the 35 years that she collected from it. (And we wonder why our Social Security system is in trouble.)
2. GEC. They stood for General Electric Company which was once NBC's parent company.
3. Sherrill was a Yale University track man who first utilized the crouching start on May 12, 1888.
4. WHB in Kansas City in 1955.
5. In 1872 she became the first woman to run for the office of president of the United States.
6. Christo spent the $3 million to construct a 24½-mile nylon "Running Fence" north of San Francisco in 1975.



ADS NOW AVAILABLE

$1/line
Call
659-2950

TRADING POST

CLASSIFIED ADVERTISING

AUTOS

'77 Toyota Celica. Air cond,5-speed, xlnt cond., new tires, 40000 mi. Call 659-3689.

The Trading Post will now be a regular monthly feature of the Carmel Valley Sun. Classifieds run $1/line. Call 659-2950.

INSTRUCTION

Singing lessons. Linda Prejean. Radio Tel. 373-0745 Ext.757.

MISC FOR SALE

10' Cyclone fence gate w/posts. Gd. cond. $95. Call eves. 659-2467